#### THE UN - NERVING TRUTH VITAL PULP THERAPY IN PERMANENT TEETH JAROD W JOHNSON DDS

### JAROD W JOHNSON. DDS

#### • DDS

- University of Iowa
- Certificate in Pediatric Dentistry
  - UNLV School of Dental Medicine
- Board Certified
  - American Board of Pediatric Dentistry
- EZPedo University (SprigU) Graduate
- TEXT arctic to 31996





# DISCLOSURES

• Honorarium provided by Sprig Oral Health Technologies



### MUSCATINE. IOWA





# SMARTMTA

### SMART MTA

- Calcium Carbonate
- Silicon Dioxide
- Zirconium oxide
- Calcium Zirconia Complex



#### COMPARISON

#### **ProRoot MTA**

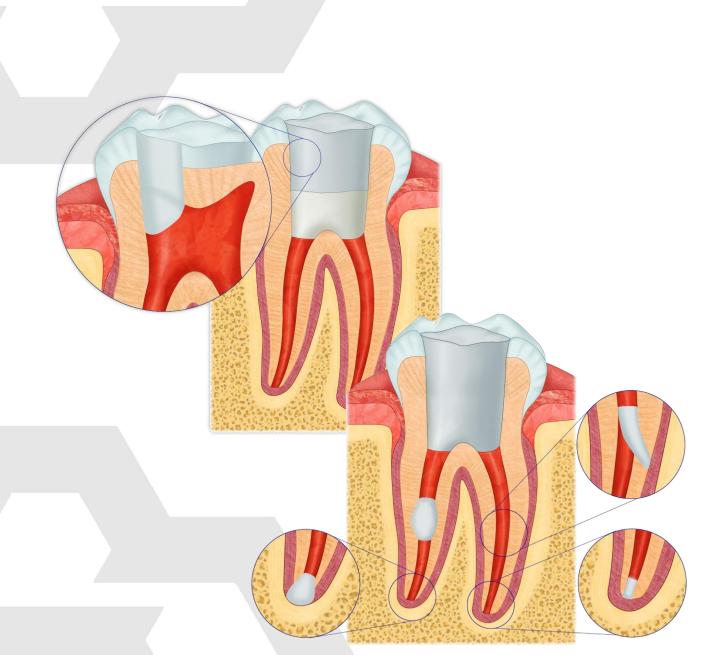
Chemical Name	Content (wt%)
Tricalcium Silicate	66.1
Dicalcium Silicate	8.4
Tricalcium Aluminate	2
Tetracalciumaluminoferrite	
Calcium Sulphate	
Bisthmuth Oxide	14
Calcium Oxide	8
Silicon Oxide	0.5
Aluminum Oxide	1

#### **SmartMTA**

Chemical Name	Content (wt%)
Calcium Carbonate (CaCO <sub>3</sub> )	60-80
Silicon Dioxide (SiO <sub>2</sub> )	5-15
Aluminum Oxide	5-10
Calcium Zirconia Complex	20-30
Total	100

#### **SMARTMTA USES**

- Indirect Pulp Cap
- Direct Pulp Cap
- Pulpotomy (Full/Partial)
- Regenerative Endodontics
- Obturation
- Apexification
- Perforation Repair^
- Apicoectomy^



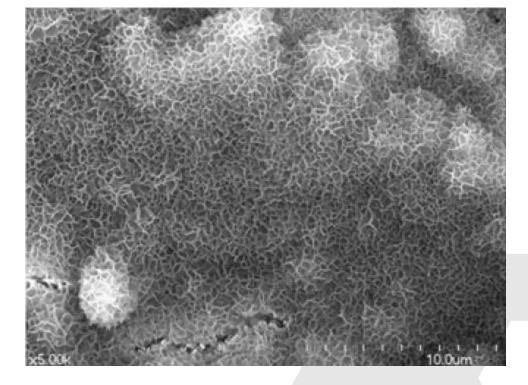
#### **PROPERTIES OF SMARTMTA**

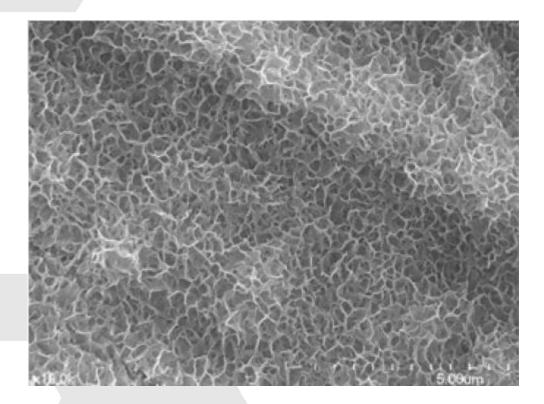
**Advantages** 

#### Disadvantages

- Faster Bridging than Calcium Hydroxide Hand Mixed\*
- **Bioactive, Mineral Tags Form**
- Biocompatible (Non-Toxic)
- Antibacterial (basic pH)
- Rapid Setting Time •
- Easier Handling
- No Staining
- No Heavy Metals (Cr, As, Ni, Bi, Fe, Cd)
- Economical •

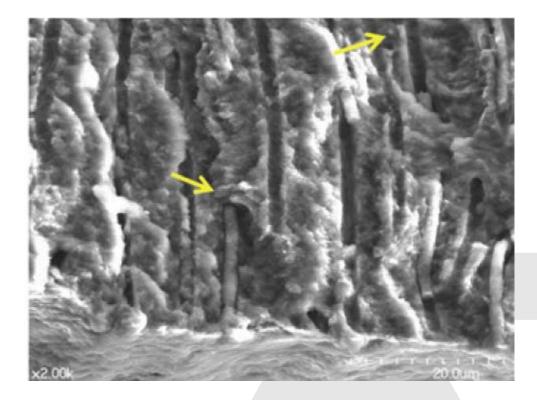
#### **FASTER BRIDGING**

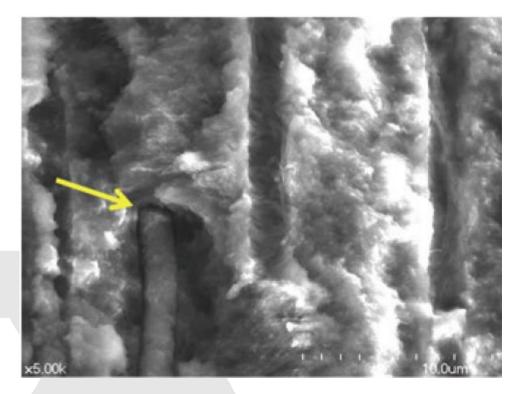




Manufacturer Data

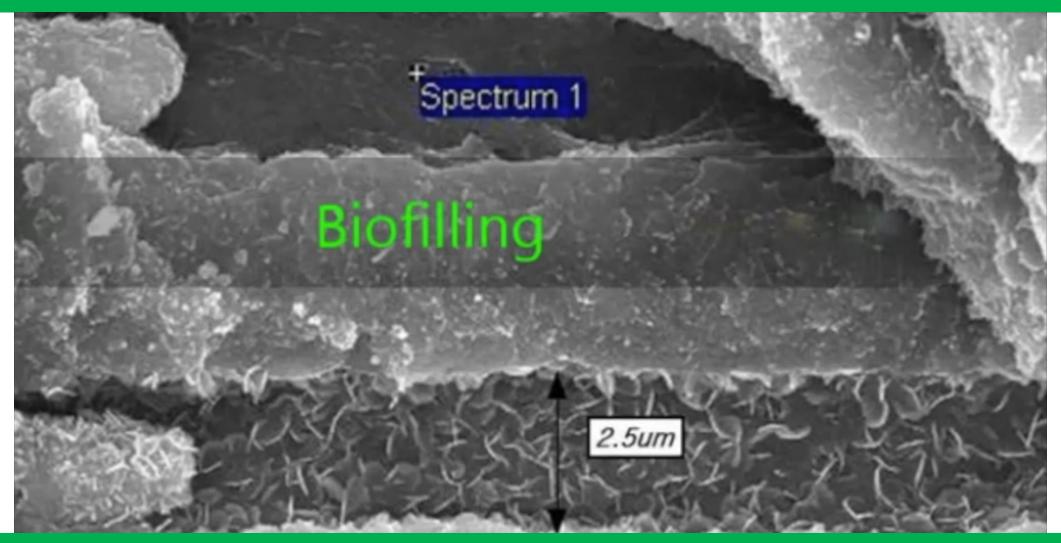
#### BIOACTIVE





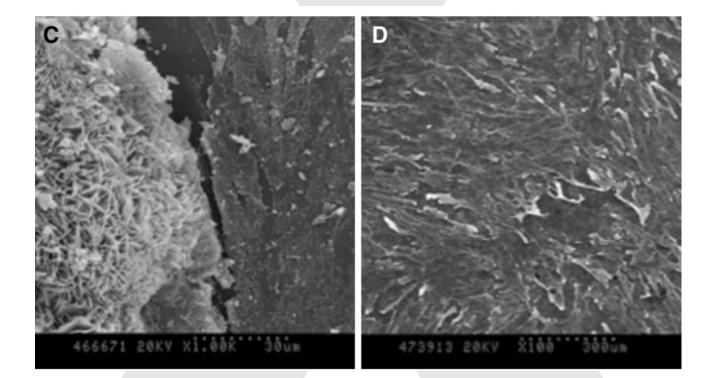
Manufacturer Data

Int J Oral Sci. 2014 Dec;6(4):227-32. Bacterial entombment by intratubular mineralization following orthograde mineral trioxide aggregate obtuation: a scanning electron microscopy study. Yoo JS, Chang SW, Oh SR, et al



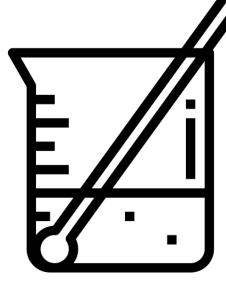
#### Courtesy Dr. Kee-Yeon Kum, Dr. George Bogen

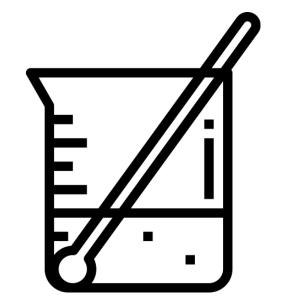
#### BIOCOMPATIBLE



Manufacturer Data

#### **BASIC PH**





#### 12.5 Initial pH

7.8-8.0 Final pH (4 weeks)

#### **RAPID SETTING TIME**





#### EASY HANDLING



### NO DISCOLORATION

To: ETA

## PROROOT MTA DISCOLORATION

6.

J Endod. 2015 Jul;41(7):1139-45. Staining Potential of Neo MTA Plus, MTA Plus, and Biodentine Used for Pulpotomy Procedures. Camilleri J

#### Radiopaquers

- Bisthmus Oxide
  - Stains when combined with NaOCI
- Zirconium Oxide
  - Biodentine
- Tantalum oxide
  - NeoMTA Plus











#### As low as



### **SMARTMTA WETTING**

- 1. Open the SmartMTA
- 2. Place powder on a mixing pad or glass slab
- 3. Use 2 free flowing drops of liquid
- 4. Wet it gently for 40 seconds (Do Not Mix)
- 5. Wait until the shine disappears
- 6. Load into an amalgam carrier



#### **TOO WET**

• Apply a dry cotton pellet for 120 seconds



### **TOO DRY**

• Apply wet cotton pellet for 120 seconds



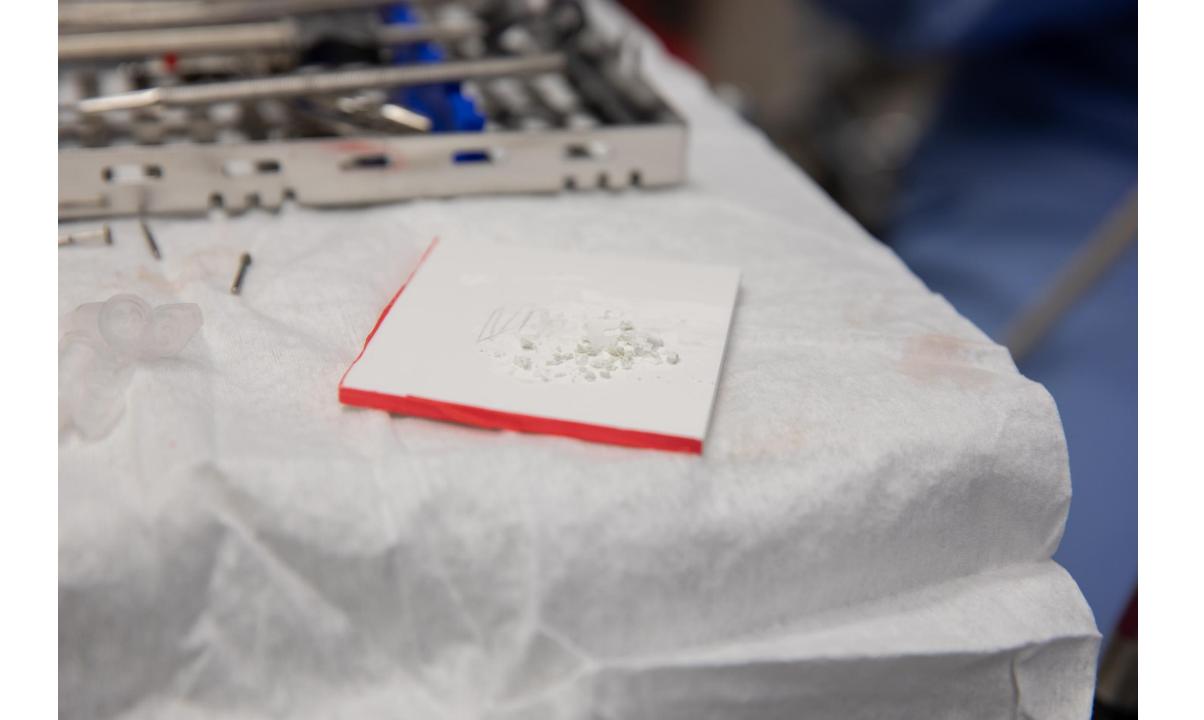
### **OFF LABEL WETTING**

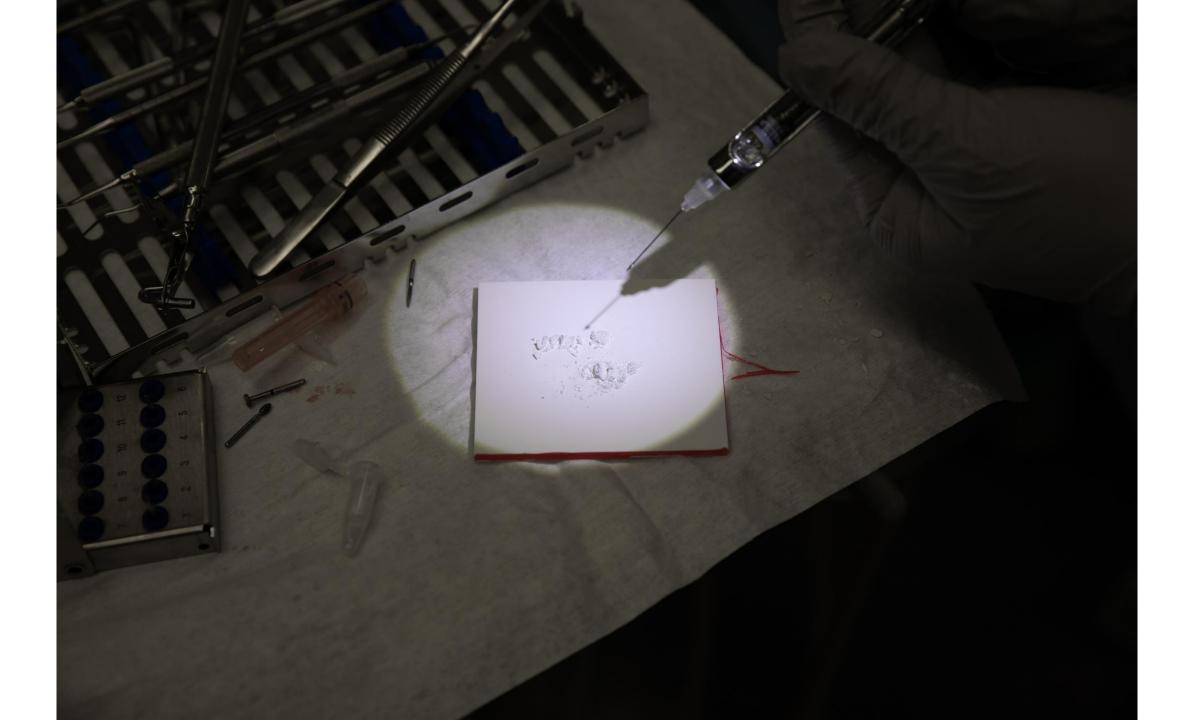
- 1. Open the SmartMTA
- 2. Place powder on a mixing pad or glass slab
- 3. Use 10-15 drops of local anesthetic
- 4. Wet it gently for 40 seconds (Do Not Mix)
- 5. Wait until the shine disappears
- 6. Load into an amalgam carrier

### **SPEEDY MIXING**

- Faster
- Alters Setting Time (Increases)
- Requires RMGI/GI Top Coat

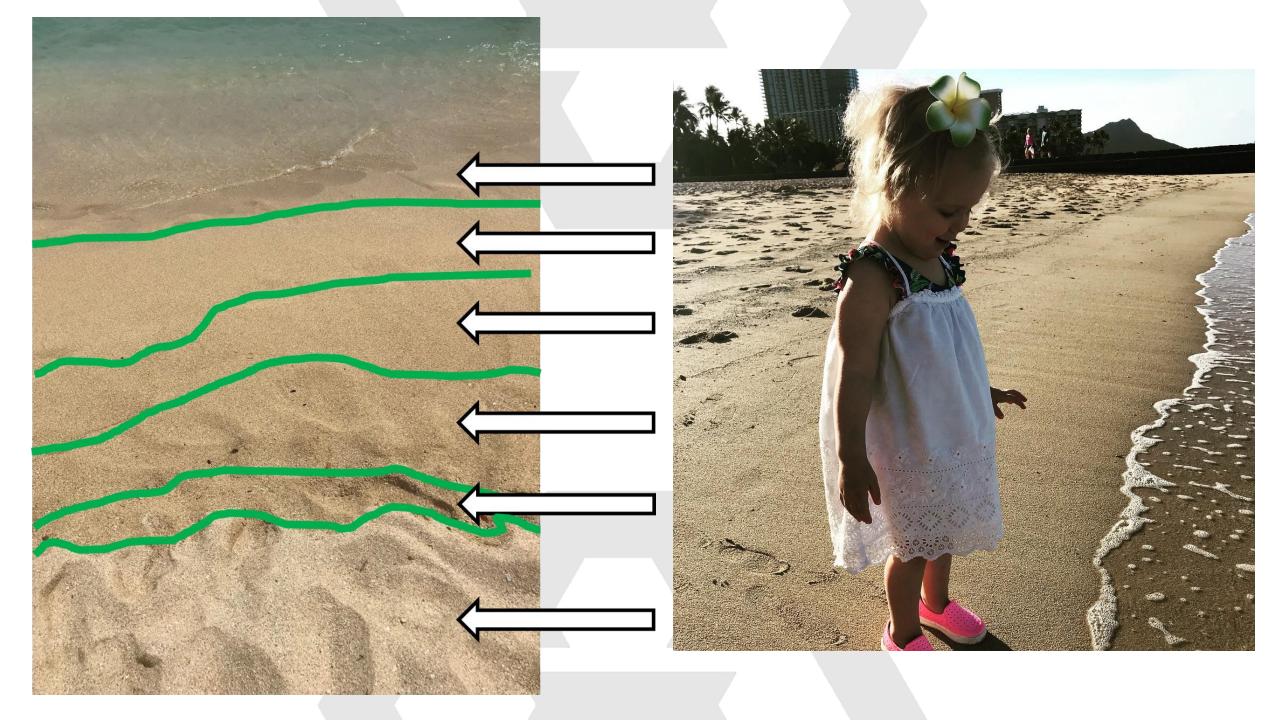












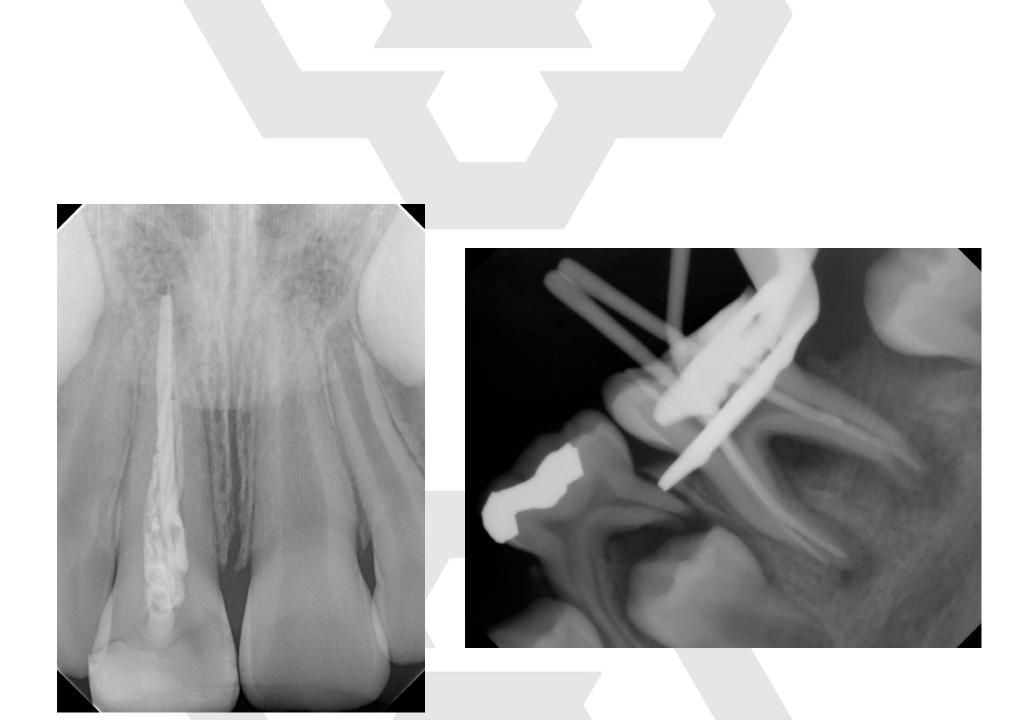


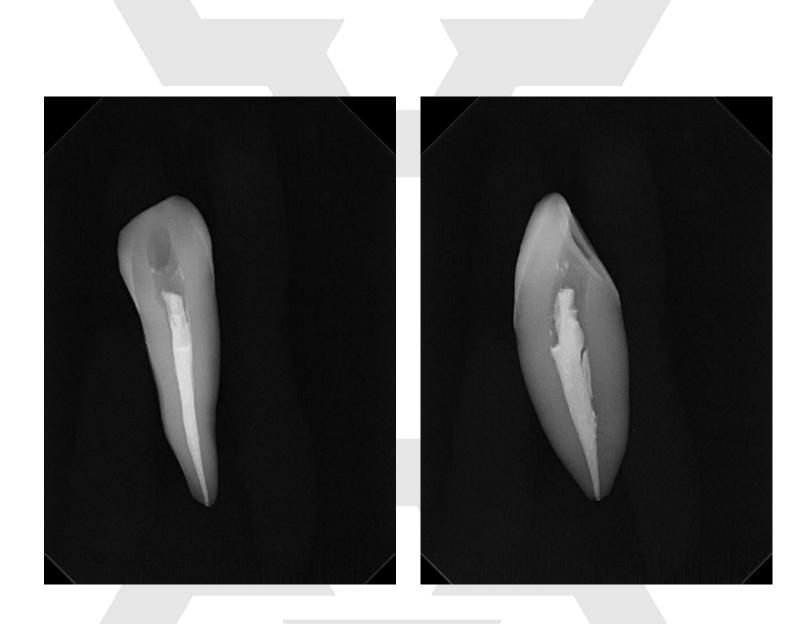
# DIAGNOSIS

#### TERMINOLOGY

- Apexogeneisis
  - Histological term used to describe continued physiological development and formation of the root's apex
- Apexifiation (Apical Barrier)
  - Method of inducing root end closure of incompletely formed permanent tooth by removing the coronal and non-vital radicular tissue short of the root end









# CLINICAL TIP

Use permanent teeth that should have the same developmental stage for comparison or root development for sensibility testing.



## PULPAL DIAGNOSIS

Diagnosis	Findings
Normal	Asymptomatic, normal response
Reversible Pulpitis	Inflammation is capable of healing
Asymptomatic Irreversible Pulpitis	Inflammation is incapable of healing; no clinical symptoms
Symptomatic Irreversible Pulpitis	Inflammation is incapable of healing; with clinical symptoms
Pulp Necrosis	Pulpal death; non-responsive to testing
Previously Treated	Endodontically treated tooth
Previously Initiated Therapy	Partial endodontic therapy has been started (pulpotomy/pulpectomy)

## **PERIAPICAL DIAGNOSIS**

Diagnosis	Findings
Normal Apical Tissues	Normal response to percussion and palpation, lamina dura intact and normal PDL
Asymptomatic Apical Periodontitis	Apical radiolucency without symptoms
Symptomatic Apical Periodontitis	Symptomatic to percussion and palpation, may or may not have apical radiolucency
Acute Apical Abscess	Symptomatic, swelling of tissues present
Chronic Apical Abscess	Minimal symptoms, sinus tract present
Condensing Osteitis	Diffuse radiopaque lesion around apex

### NORMAL PULP OR REVERSIBLE PULPITIS

- Carious Lesion or Trauma
- No Swelling/Sinus Tract
- No Spontaneous Pain
- No Mobility
- Positive to Vitality Testing
- No Apical Pathology\*
  - Apical Lesion
  - Widened PDL
- No Calcifications?
- Adequate Remaining Dentin Thickness (RDT)<sup>^</sup>, for IPT

### **DEEP CARIOUS LESION/TRAUMA**



## **No Swelling**



## **NO SINUS TRACT**



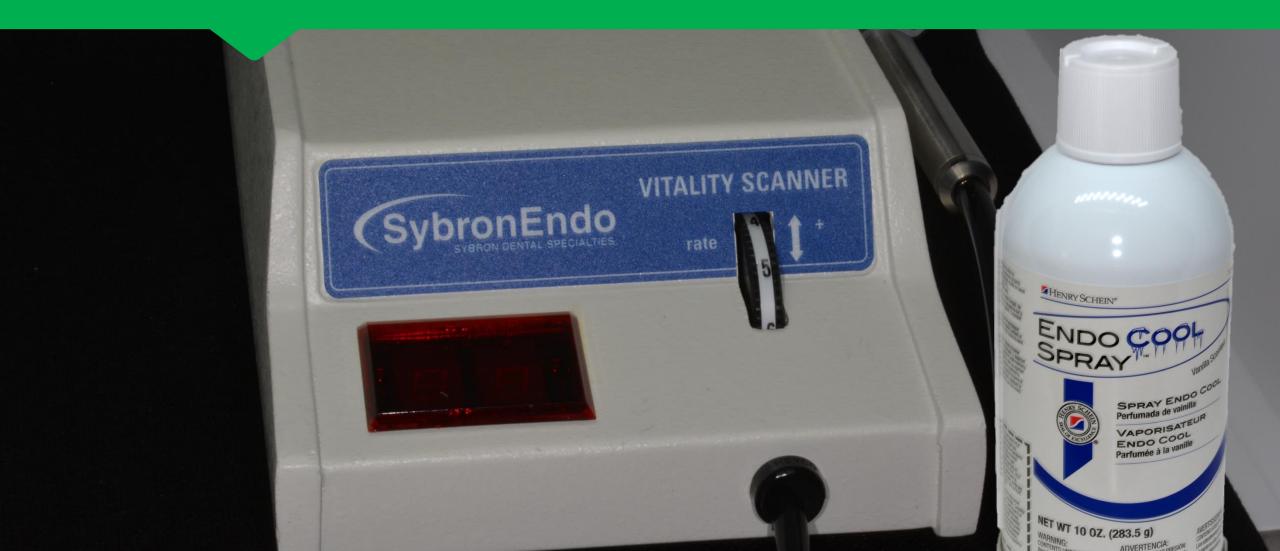
## NO SPONTANEOUS PAIN. OR HISTORY



## NO MOBILITY



## **POSITIVE TO VITALITY TESTING**



## **DIAGNOSTIC TESTS**





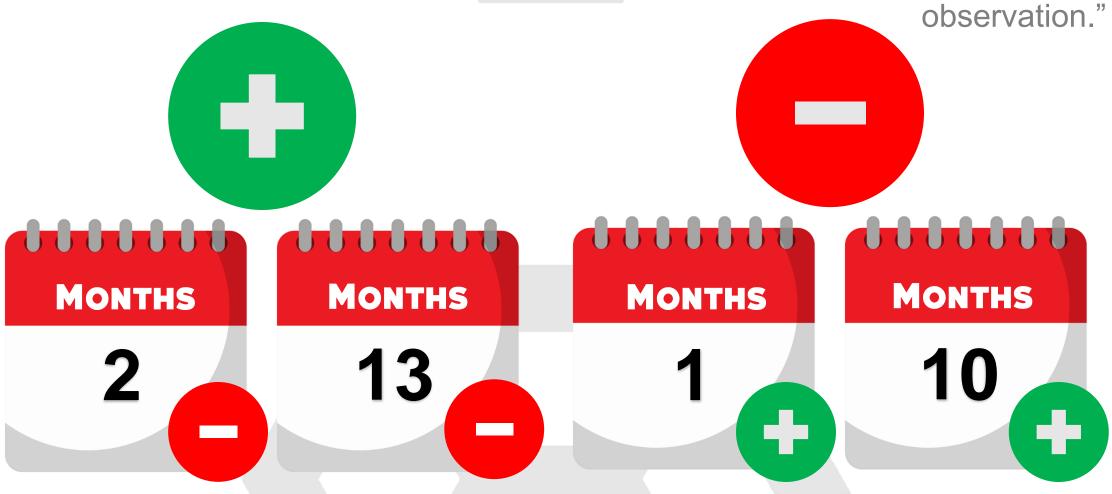
# CLINICAL TIP

#### Cold is the more reliable diagnostic pulp test for immature permanent teeth.



## **POST TRAUMA TESTING**

"Root canal therapy should not be performed in young individuals before pulp vitality has proved absent during a considerable period of



#### NO APICAL PATHOSIS (FURCAL/APICAL LESION)



# NO APICAL PATHOSIS (WIDENED PDL)



## **No Calcifications**



#### **ADEQUATE REMAINING DENTIN THICKNESS (RDT)**





# INDIRECT PULP THERAPY (IPT)

Oral Surgery, Oral Medicine, Oral Pathology. 1963;20(3):340-349. **The effects of surgical exposures of dental pulps in germ-free and conventional laboratory rats.** Kakehashi S, Stanley R, Fitzgerald RJ.

#### Canon

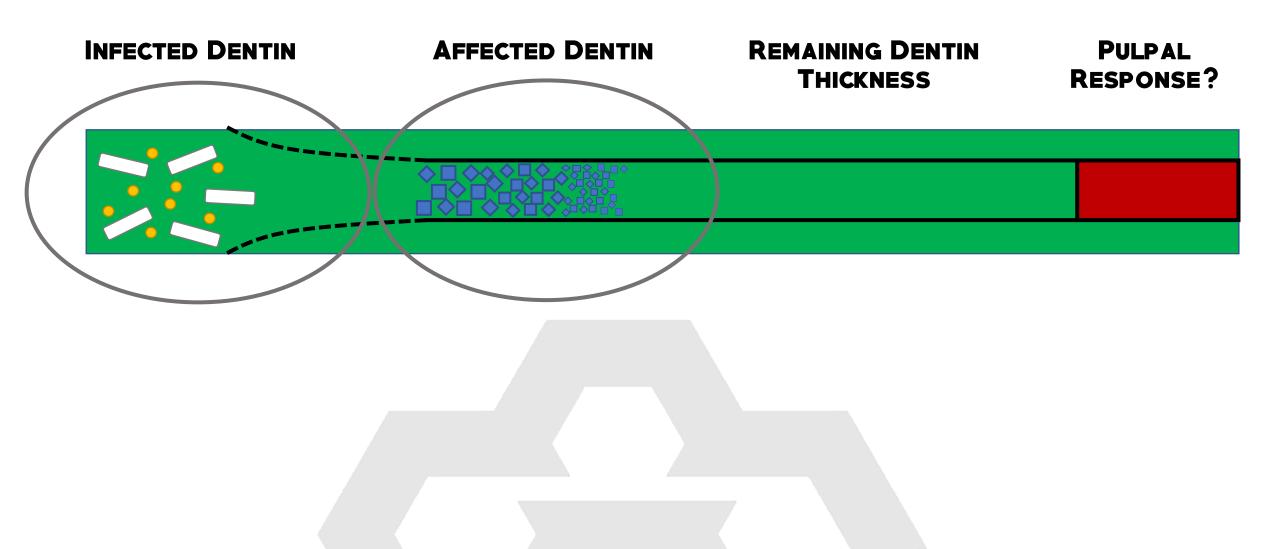
noun

the body of rules, principles, or standards accepted as axiomatic and universally binding in a field of study or art:

• The major determinant in pulpal healing is the presence or absence of a microbial flora.



09/06/2013 09/16/2013 CaOH Placment 09/30/2013 2 Weeks 11/25/2013 2 Months 01/28/2014 4 Months 02/03/2014 4 Months **Preservation and Restoration of Tooth Structure. 2nd ed: Knowledge Books and Software; 2005.** Mount G, Hume W.



Oral Surg. 1977;43(6):929-947. **The affected and infected pulp.** Massler M, Pawlak J.



Oral Surg Oral Med Oral Pathol. 1966 Jul;22(1):59-65. **The relationship of bacterial penetration and pulpal pathosis in carious teeth.** Reeves R, Stanley HR.

The relationship of bacterial penetration and pulpal pathosis in carious teeth.

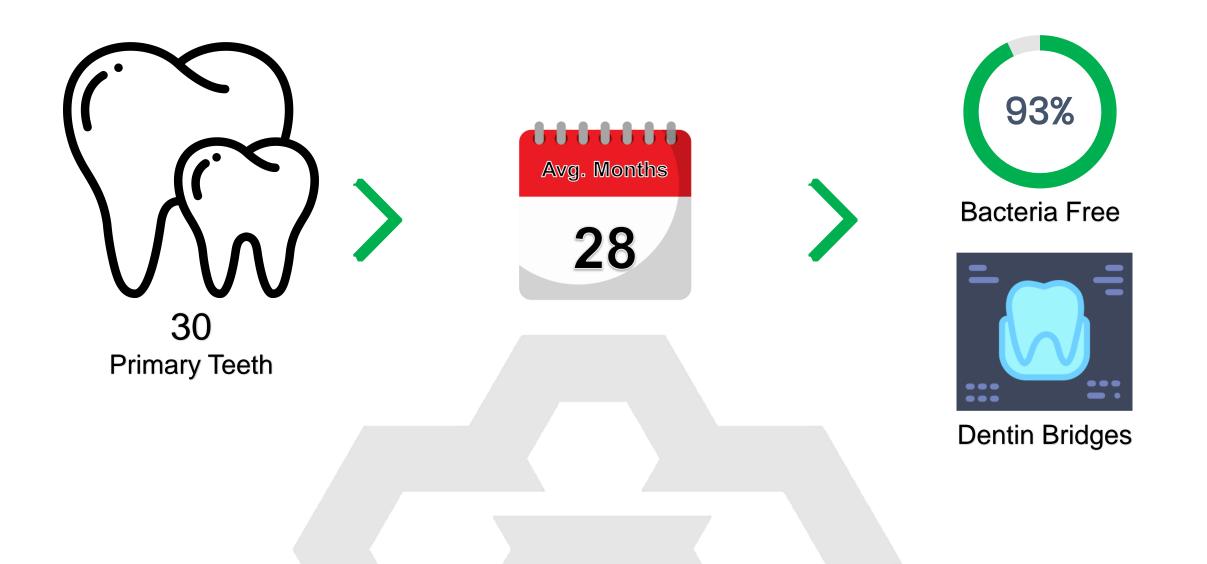
- > 1.1 mm
  - No pathologic changes
- < 0.5 mm
  - Pathologic pulpal changes



#### **INDIRECT PULP THERAPY**

- Incomplete Caries Removal
- Avoid Pulpal Exposure
- Seal Bacteria from Substrate
- Dentin Changes
- Tertiary Dentin, Dentin Sclerosis, Remineralization
- Types
  - No Re-entry (1 Visit)
  - Re-entry (2 Visit, Stepwise Caries Excavation)

J Dent Child. 1966 May;33(3):164-6. Indirect Pulp Capping Success Verified A Aponte, J Hartsook, M Crowley



J Amer Dent Assoc. April 1980;100:547-552. Effect of Improved Dycal and IRM on bacteria in deep carious lesions. Fairbourn D, Charbeneau G, Loesche W.



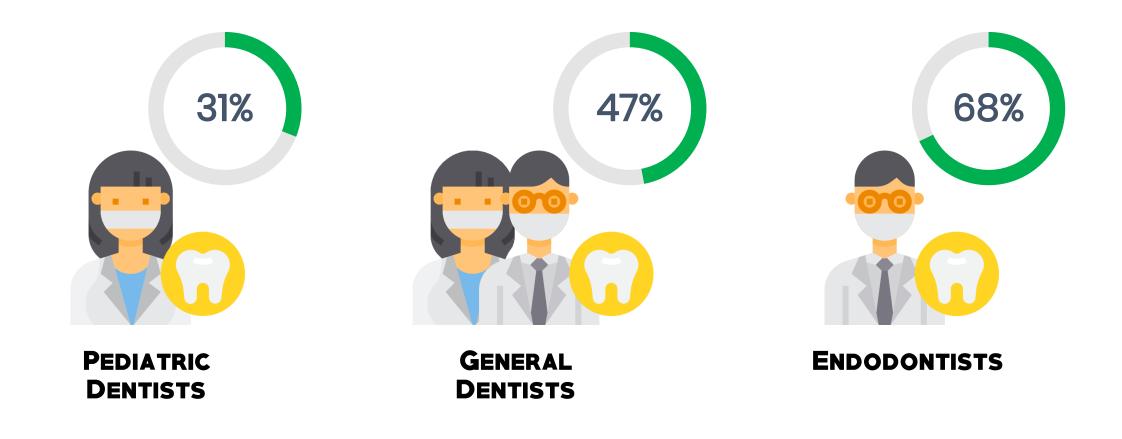
- Reduction in CFU/mg in both groups
- No difference between IRM and Dycal
- Re-entry may be unnecessary provided coronal seal is intact

Clin Oral Invest. 2009;13:465-471. Clinical and microbiologic performance of resin-modified glass-ionomer liners after incomplete dentine caries removal. Duque C, Negrini T, Sanco N, Spolidorio D, Alberto de Souza Costa C, Hebling J.

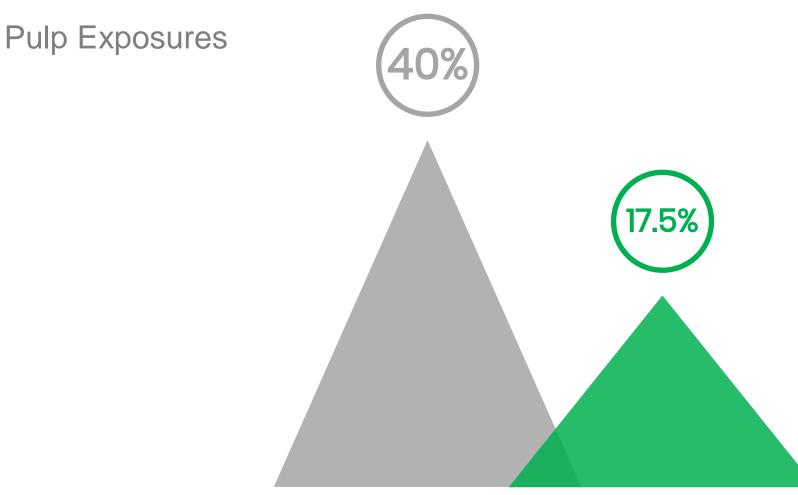


- Reduction in CFU counts all groups
  - p<0.05
- No difference in final CFU between the groups

J Am Dent Assoc. 2017 Feb;148(2):64-74 General dentists', pediatric dentists', and endodontists' diagnostic assessment and treatment strategies for deep carious lesions: A comparative analysis. Koopaeei MM, Inglehart MR, McDonald N, Fontana M.



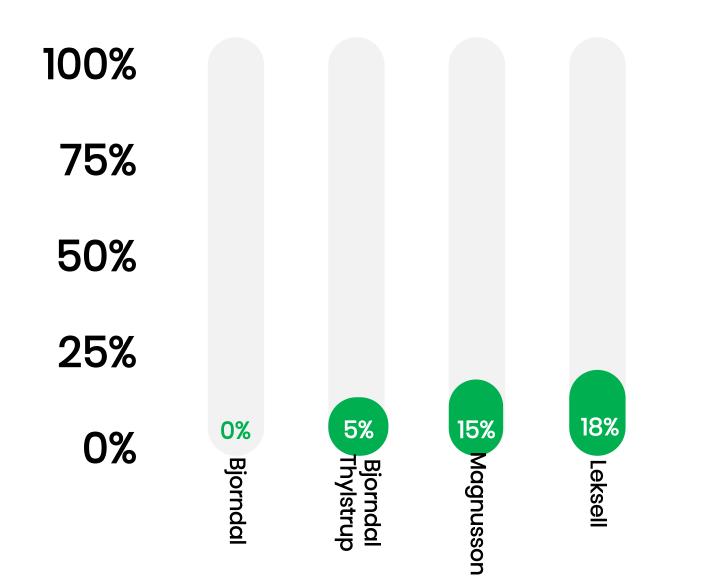
Endod Dent Traumatol. 1996;12:192-196. **Pulp exposure after stepwise versus direct complete excavation of deep carious lesions in young posterior permanent teeth.** Leksell E, Ridell K, Cvek M, Mejare I.



#### Complete Excavation

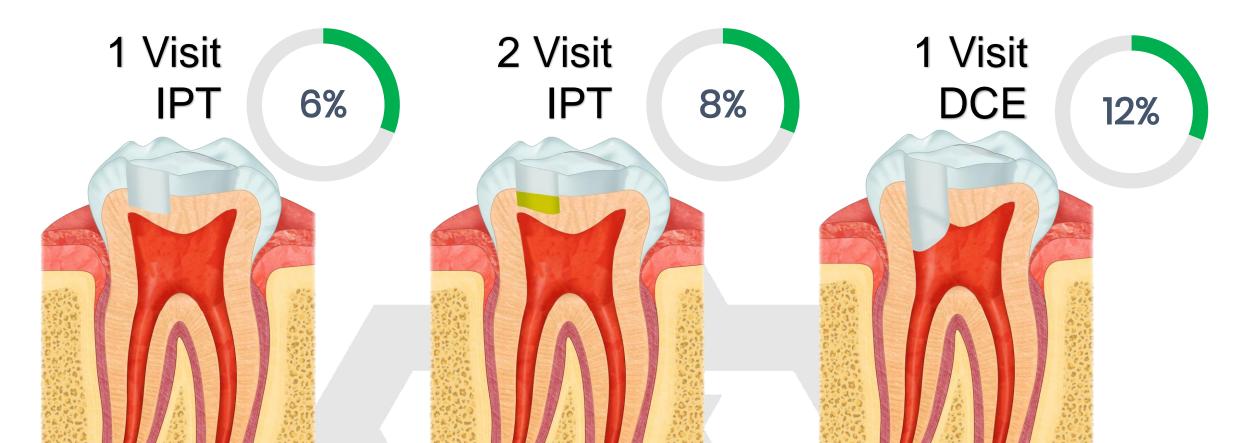
Stepwise

Pediatr Dent. July/Aug 2010;32(4):347-355. **Pulp Exposure Occurrence and Outcomes after 1- or 2-visit Indirect Pulp Therapy Vs Complete Caries Removal in Primary and Permanent Molars.** Orhan A, Oz F, Orhan K.



Pediatr Dent. July/Aug 2010;32(4):347-355. **Pulp Exposure Occurrence and Outcomes after 1- or 2-visit Indrect Pulp Therapy Vs Complete Caries Removal in Primary and Permanent Molars.** Orhan A, Oz F, Orhan K.

- Pulp Exposures (p=0.008)
- No difference in outcome at one year.





# CLINICAL TIP

If there is a possibility of a pulp exposure use rubber dam isolation. The rubber dam is the standard of care when performing vital pulp therapy.



## **RUBBER DAM**

 "The use of rubber dam is universally accepted as a gold standard for pulp therapies. [...] it is critical to use the rubber dam in order to maintain the highest standard of care and to ensure patient safety."



#### **AMERICA'S PEDIATRIC DENTISTS®**

## **RUBBER DAM ISOLATION**

#### **Advantages**

- Isolation
- Visualization
- Retraction
- Material Properties
- Airway Protection
- Behavior Management
- Potentiates Sedatives (N2O/O2)

#### Disadvantages

- Claustrophobia
- Possible Airway Restriction
  - Obligate Nose Breather
  - Nasal Congestion
- Gag Reflex





# VISUALIZATION







## **MATERIAL PROPERTIES**



## **AIRWAY PROTECTION**



## **BEHAVIOR MANAGEMENT**



# POTENTIATES SEDATION (N20/02)



### CLAUSTROPHOBIA



### **POSSIBLE AIRWAY RESTRICTION**

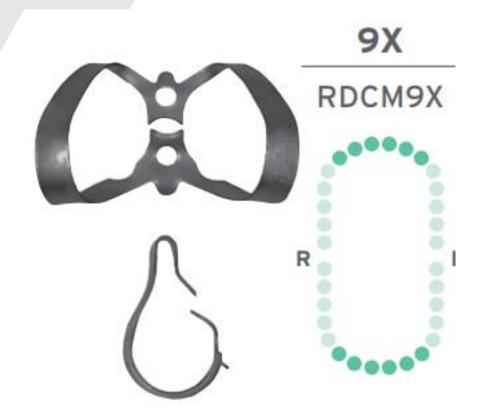






### **PERMANENT TEETH**

- Molars
  - · 26, 3, 7, 200
- Premolars
  - W2A
- Anterior
  - o **9**



Offset flat jaws and stiff bow for anterior teeth.

## **TRAUMA CHALLENGES**

### Isolation

- Consider slit dam technique
- Consider clamping adjacent teeth
- Consider clamping gingival tissue
- Wedgets (may help avoid palatal anesthesia



### ACCESS

CONSIDER FACIAL VERSUS LINGUAL ACCESS IN TRAUMA CASES



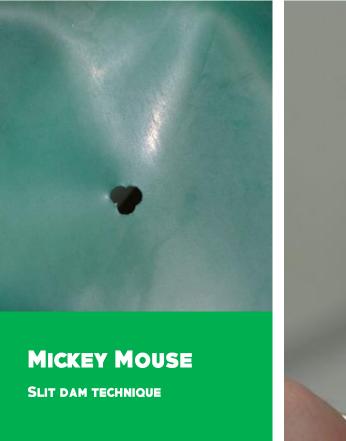
# TELL, SHOW, DO

### Retainer

- Tooth Ring
- Jewelry
- Floss (Whiskers of a favorite animal)

### Rubber Dam

- Rain Coat
- Trampoline





### **INDIRECT PULP CAP: TECHNIQUE**

1.Rubber Dam Isolation
2.Caries Removal (Clean DEJ)
3.Avoid Pulpal Exposure
4.SmartMTA
5.Glass Ionomer Base (Optional)
6.Final Restoration

### **INDIRECT PULP CAP: TECHNIQUE**



#### **PARTIAL CARIES REMOVAL**

Remove the coronal pulp to the level of the CEJ



#### ISOLATE

Rubber dam isolation to protect the pulp from bacterial contamination



#### MEDICATE

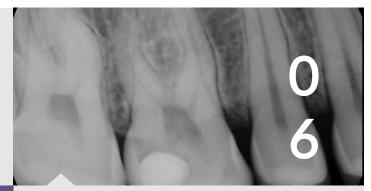
Place SmartMTA on the pulpal floor using an amalgam carrier.

## **INDIRECT PULP CAP: TECHNIQUE**



#### RESTORE

Final restoration should be placed the same day of treatment if behavior allows.



#### ADAPT

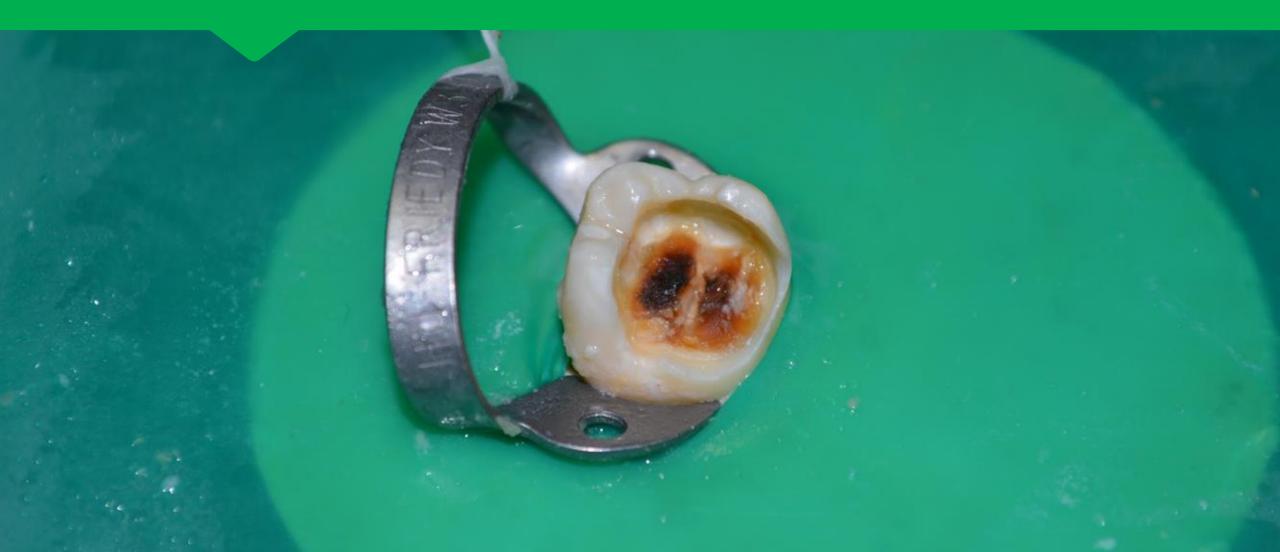
Adapt SmartMTA onto the floor. Clean up excess material. A glass ionomer base can be used over the medicament.



#### DOCUMENT

A final periapical radiograph should be made to allow for re-evaluation upon recalls.

### **DENTIN ENAMEL JUNCTION**





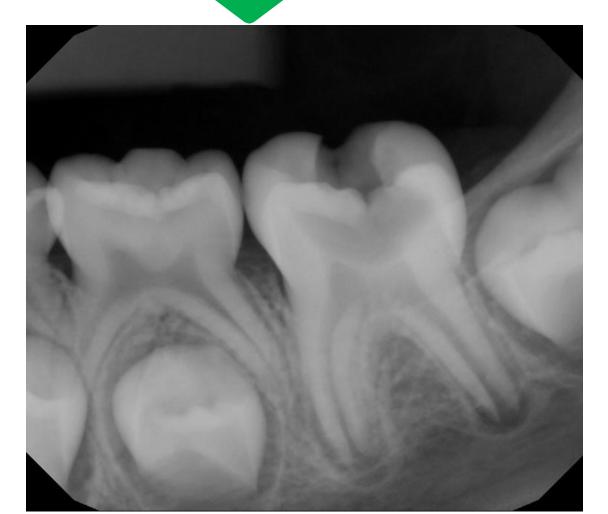
### CRITERIA FOR SUCCESS VITAL PULP THERAPY

# **CRITERIA FOR SUCCESS**

- Objective:
  - Maintain vitality
  - No post-treatment signs or symptoms
  - Pulp healing and dentin bridge formation
  - No apical pathology
  - No postoperative radiographic external root resorption



# MAINTAIN VITALITY





### NO POST TREATMENT SIGNS/SYMPTOMS



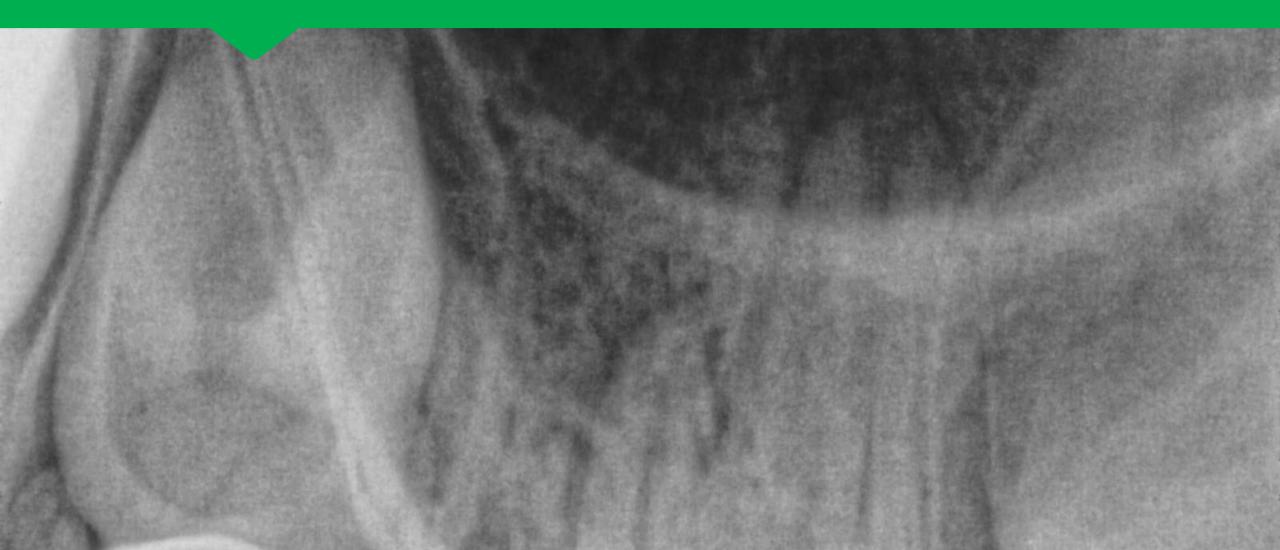
### PULPAL HEALING. DENTIN BRIDGE FORMATION



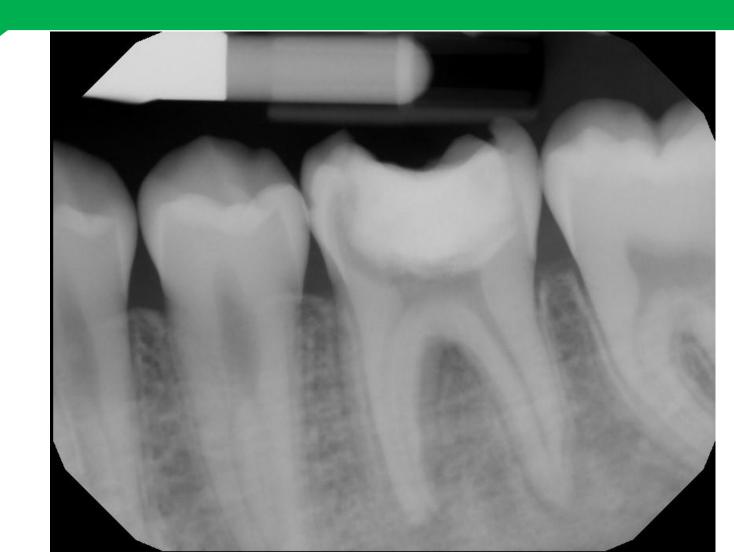
# **NO FURCAL OR APICAL PATHOSIS**



## **NO EXTERNAL ROOT RESORPTION**















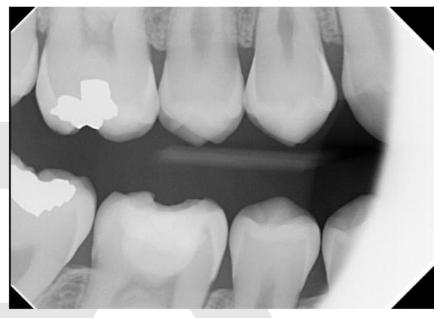


02/2015





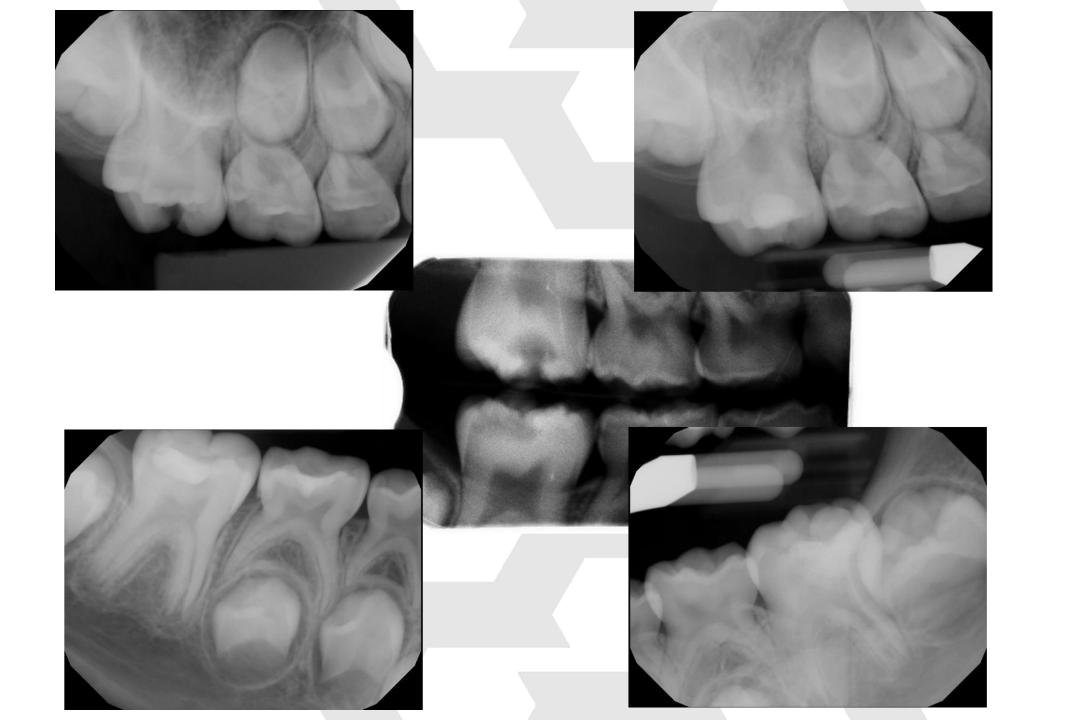
07/2014



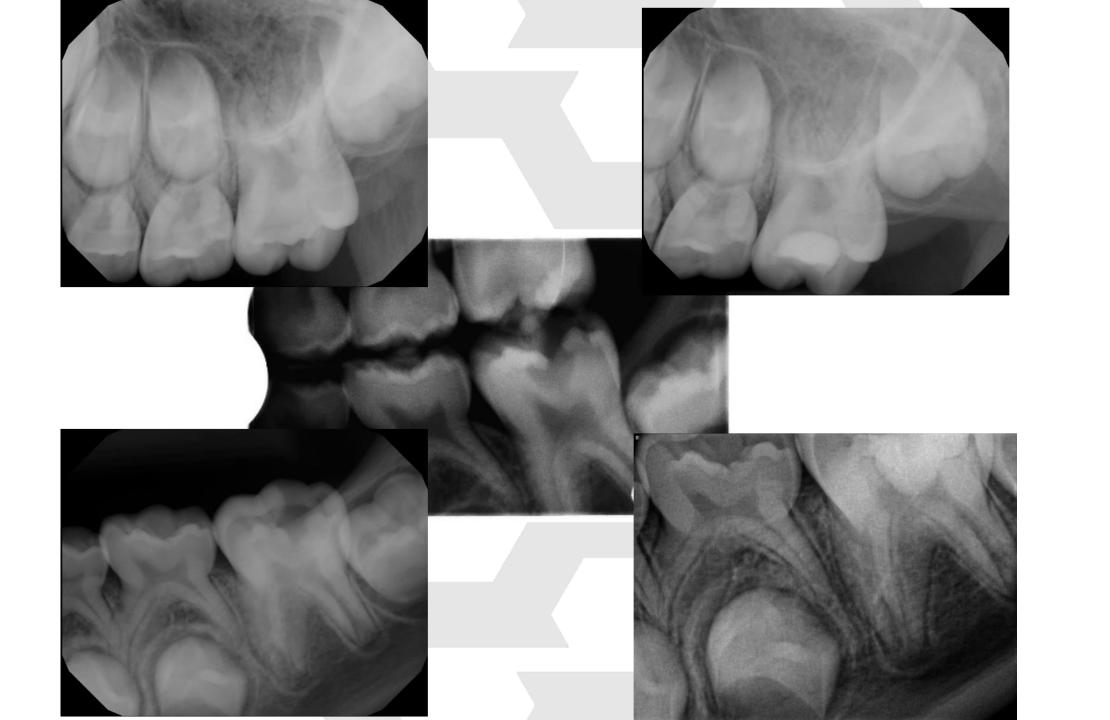
02/2015



reatment



Recall (Left)



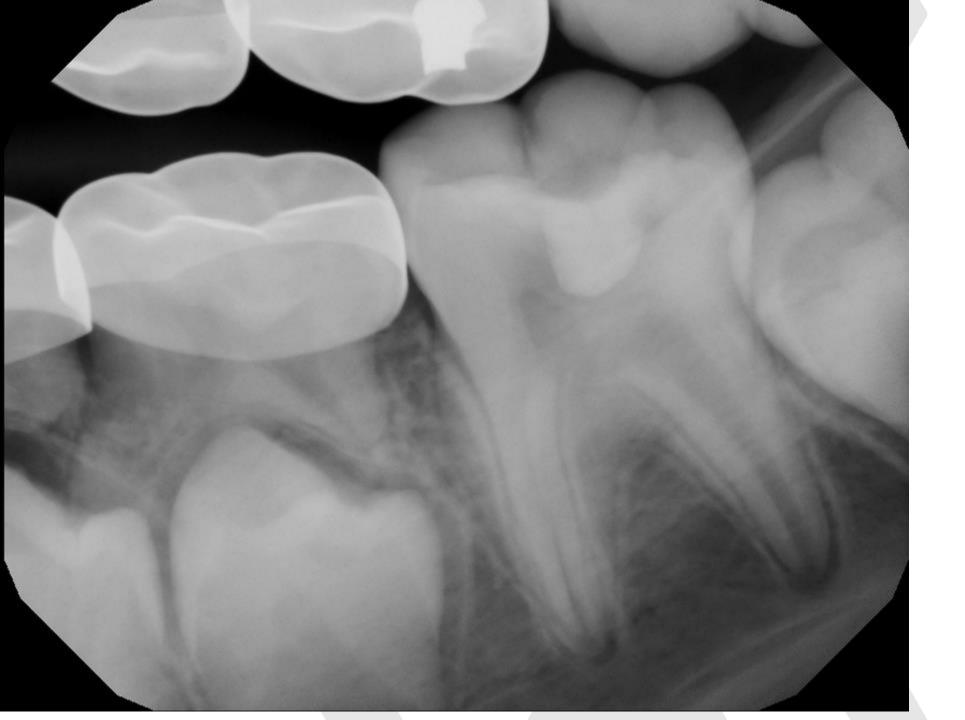
Recall (Right)



**nitia** 







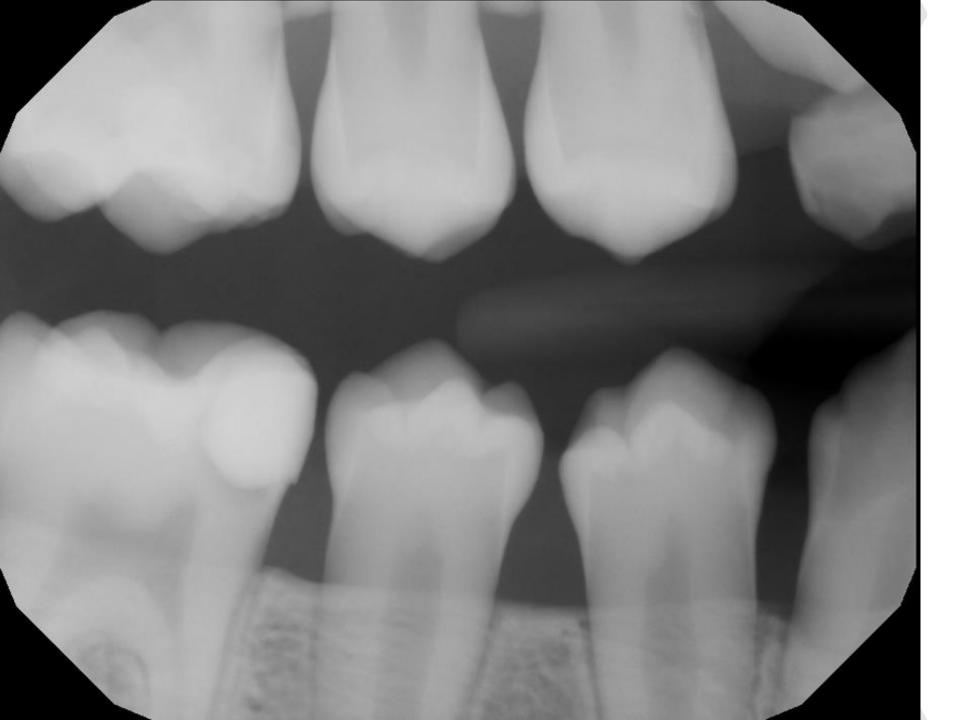




C Year Recall



nitia

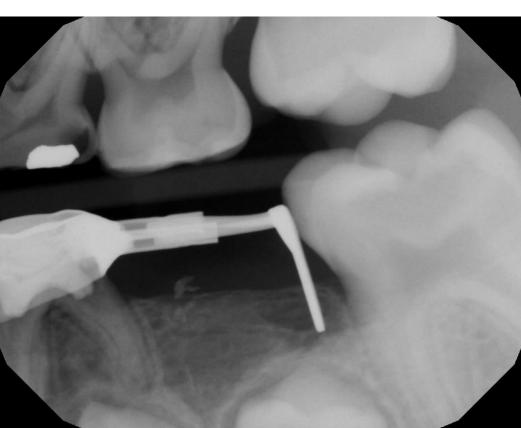




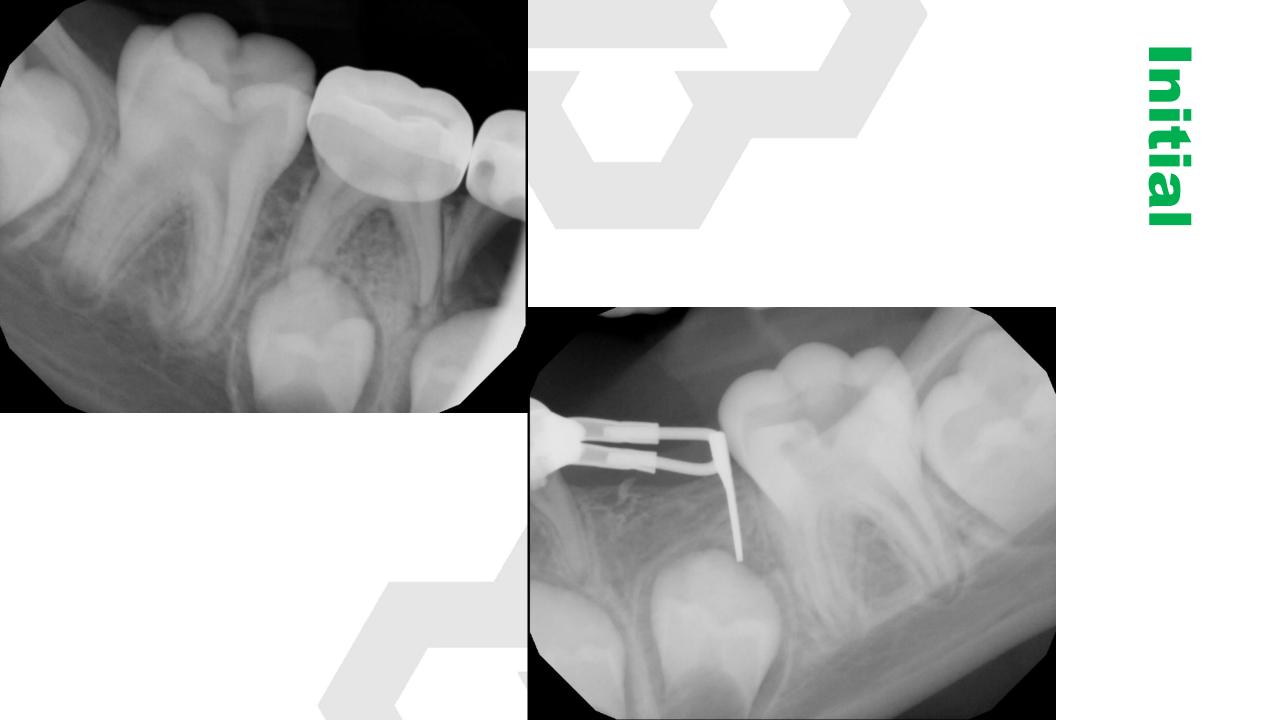






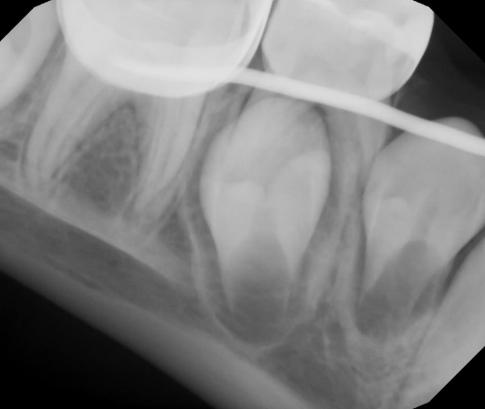






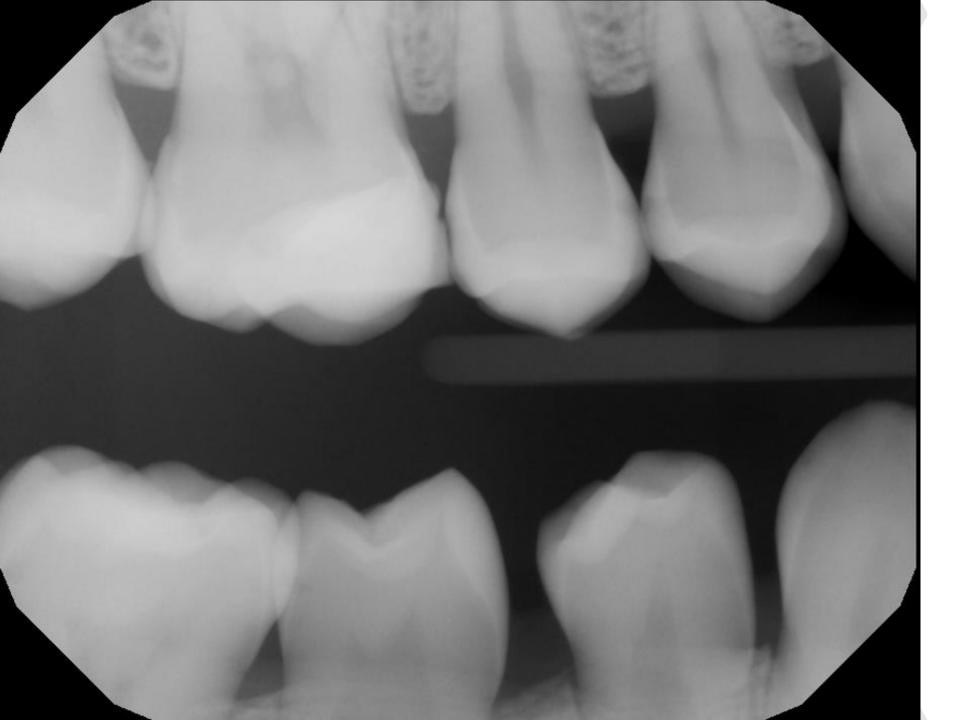
































nitia











#### ACCIDENTS HAPPEN!



# CLINICAL TIP

#### Consider complete caries removal to aid in diagnosis.



## WHEN TO CONSIDER COMPLETE CARIES EXCAVATION

- To aid in a diagnosis
- Evaluate restorability
- Symptoms of Irreversible Pulpitis
  - Partial or Full Pulpotomy
  - Only when inflammation is limited to coronal portion of the pulp
  - Younger individuals
- Increase retention for restoration (Pulpotomy)



# DIRECT PULP THERAPY



# DIRECT PULP CAP: TECHNIQUE

- 1.Rubber Dam Isolation
- 2.Caries Removal (Caries Detect as Adjunct)\*
- 3.Exposures Controlled with NaOCI cotton pellet (2-10 minutes), if hemostasis is not achieved consider irreversible pulpitis (pulpotomy, RCT, extraction)
- 4. Rinse and Dry
- 5.SmartMTA Placement (1.5-3 mm)
- 6.Glass Ionomer Base\*
- 7.Final Restoration
- \*Optional



# CLINICAL TIP

#### Use 3-6% Sodium Hypochlorite or 2% Chlorhexidine to obtain hemostasis



### NAOCL

- 3-6% NaOCI
  - Organic Solvent
  - Antibacterial
  - Lubricates
  - Higher Concentrations have increased Cytotoxicity



# 2% CHLOROHEXIDINE GLUCONATE

- Cationic Molecule
- High Concentration: bactericidal, cell wall destruction
- Lower Concentration: bacteriostatic, leakage of positive ions from bacteria
- No statistical difference indicated vs NaOCI as an irrigant
- Does <u>NOT</u> remove organic tissue



#### HEMOSTASIS

- If hemostasis cannot be obtained:
  - Control gingival hemostasis if necessary
  - Check for remaining coronal pulp tissue
  - Check for Perforation
  - Consider irreversible pulpitis if hemostasis cannot be obtained





# CLINICAL TIP

Caries detect stains organic matrix, which could lead to excess removal of healthy tissue. Use with caution at the dentin-enamel junction and pulpal floor.



#### **DIRECT PULP CAP: TECHNIQUE**

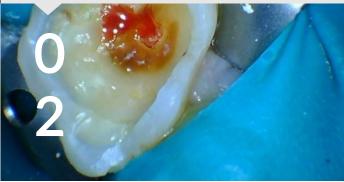


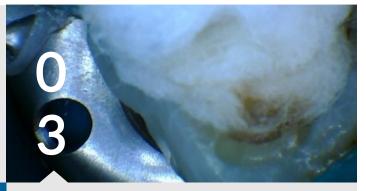
#### **CARIES REMOVAL**

Complete caries removal is necessary.

#### ISOLATE

Rubber dam isolation to protect the pulp from bacterial contamination





#### HEMOSTASIS

Obtain hemostasis with 3-6% Sodium Hypochlorite

#### **DIRECT PULP CAP: TECHNIQUE**



#### RESTORE

Final restoration should be placed the same day of treatment if behavior allows.



#### MEDICATE

Adapt SmartMTA into the access cavity. A glass ionomer base can be used over the medicament.



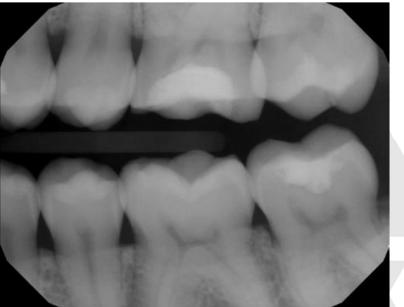
#### DOCUMENT

A final periapical radiograph should be made to allow for re-evaluation upon recalls.

# nitial, Post Op

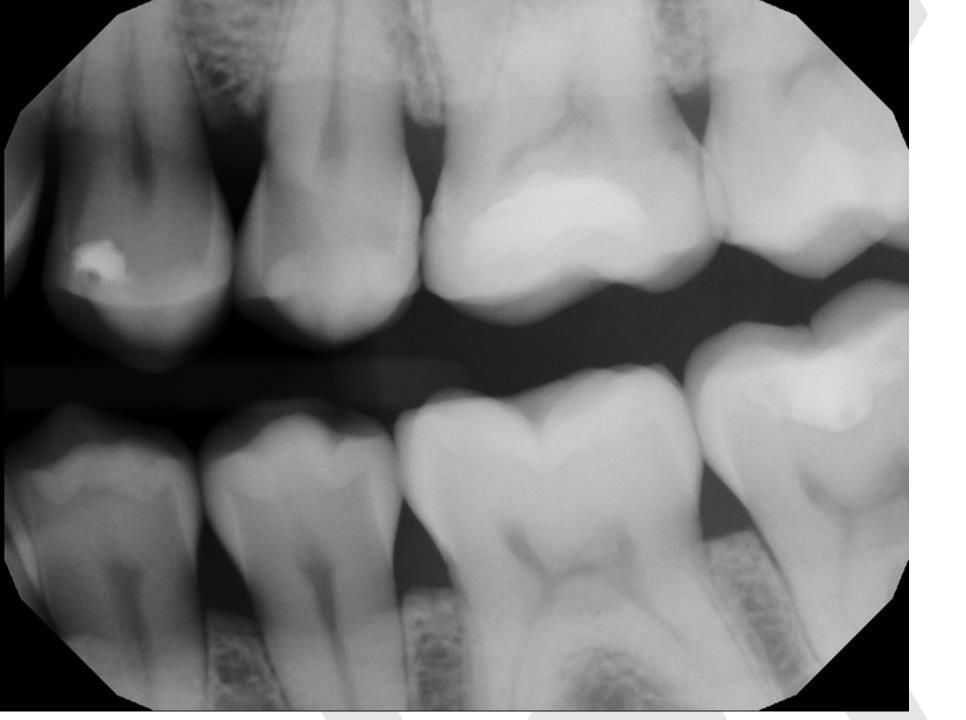
















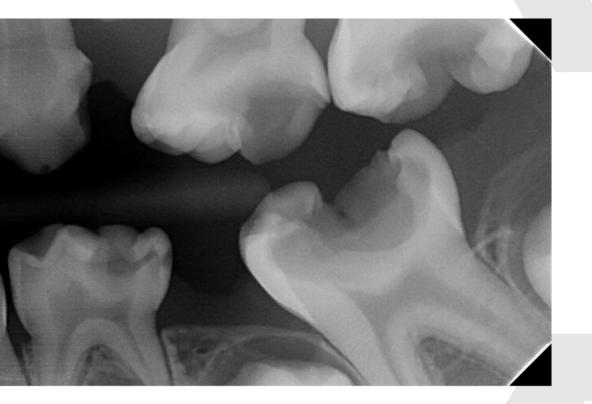












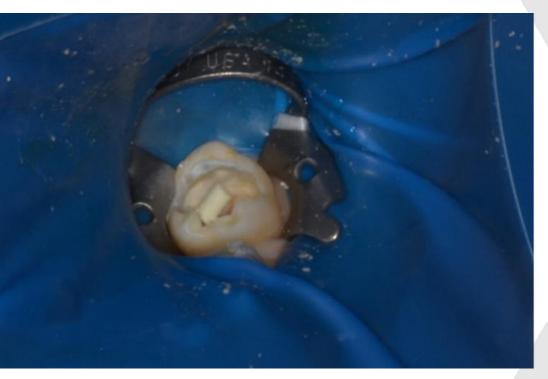






# Medication



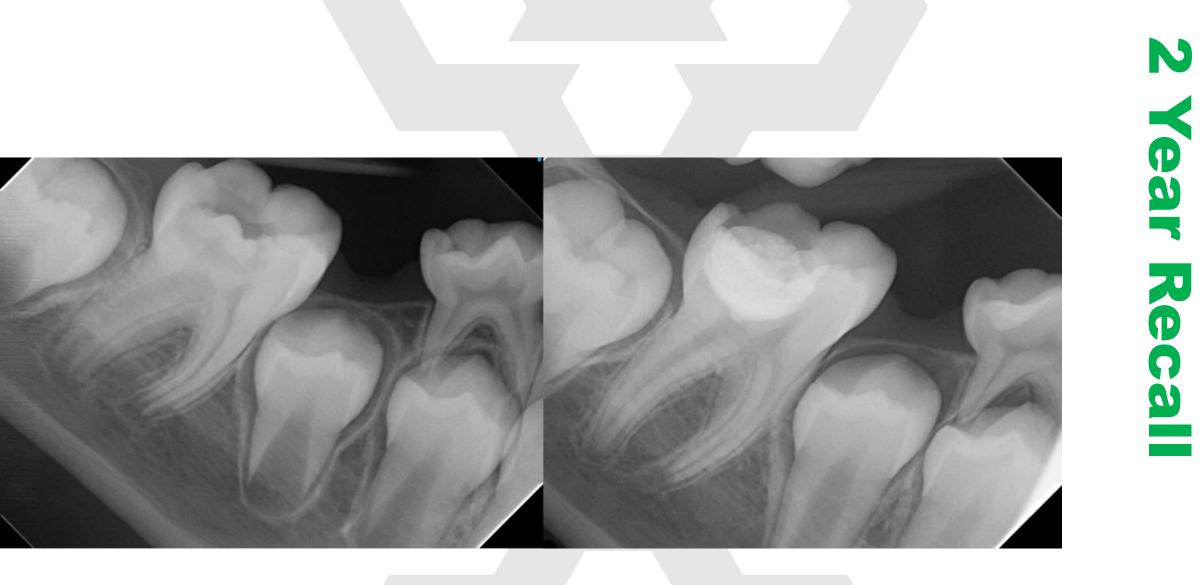


























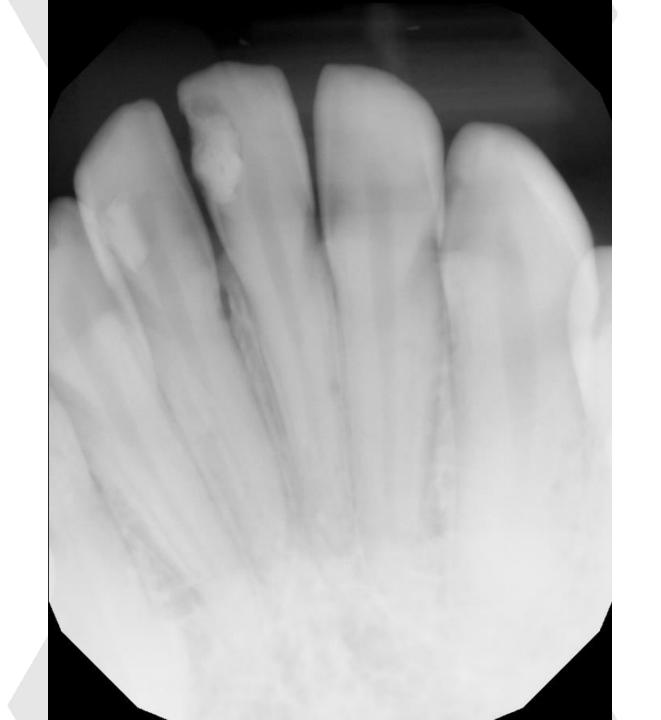




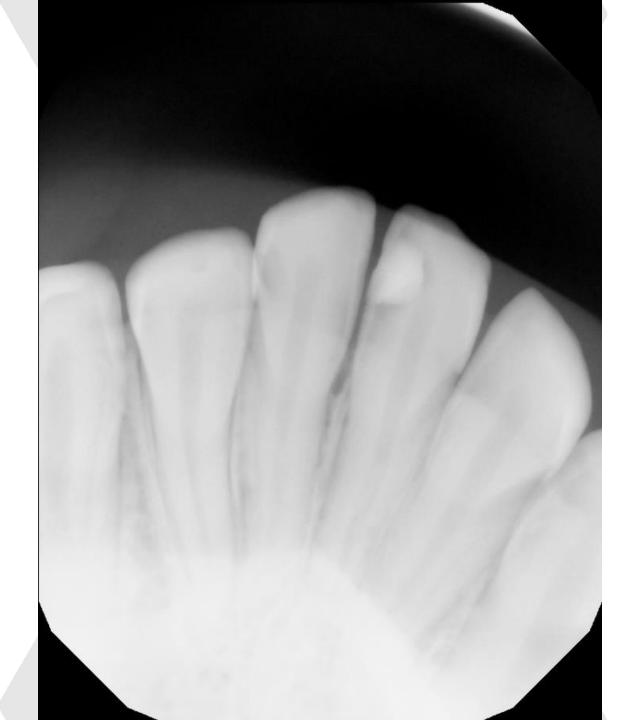




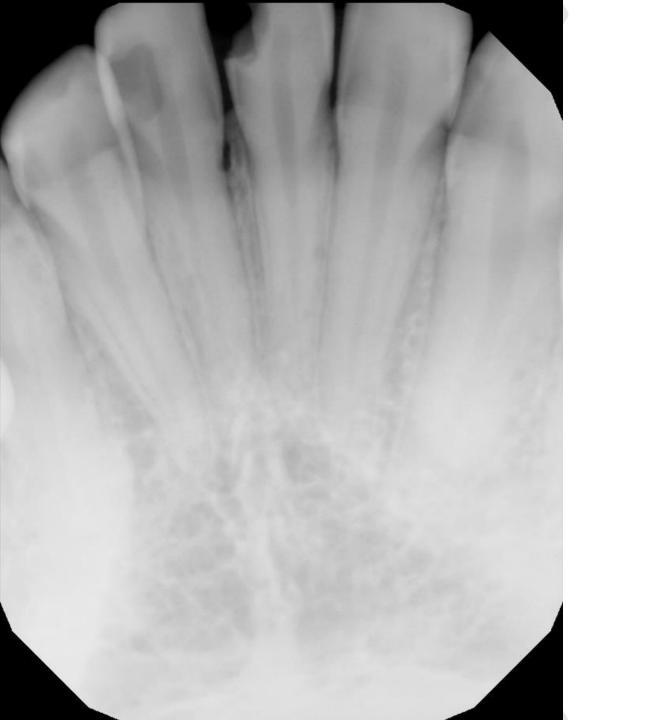
















## nitia







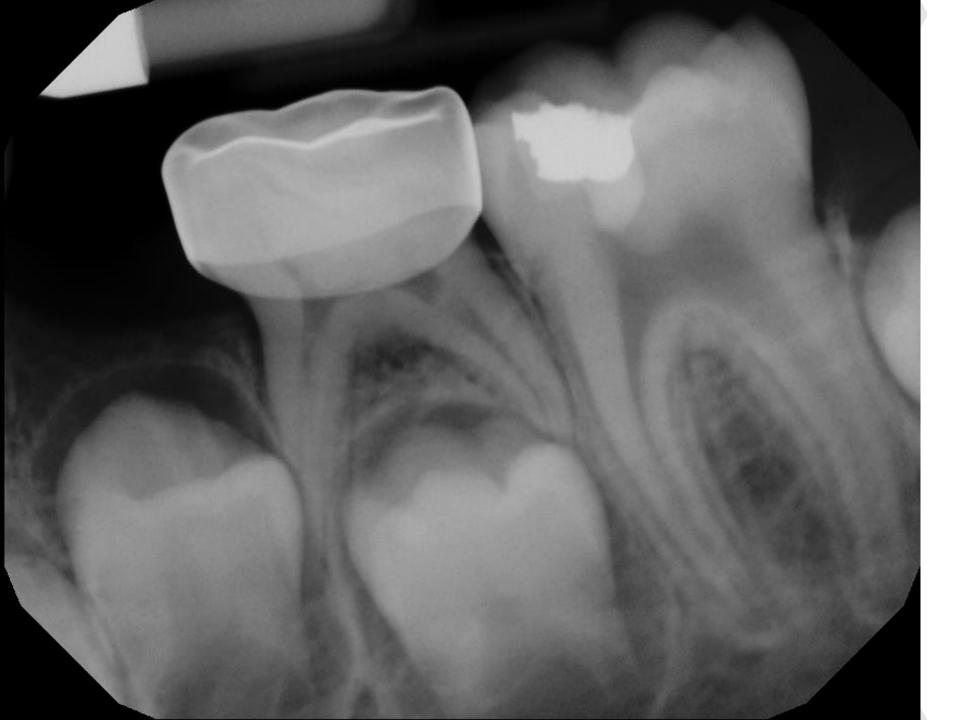




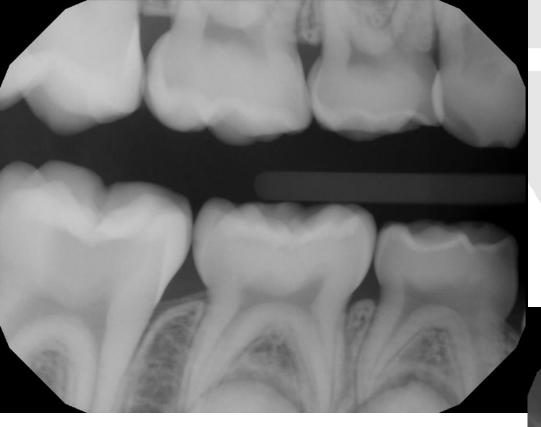
## nitia

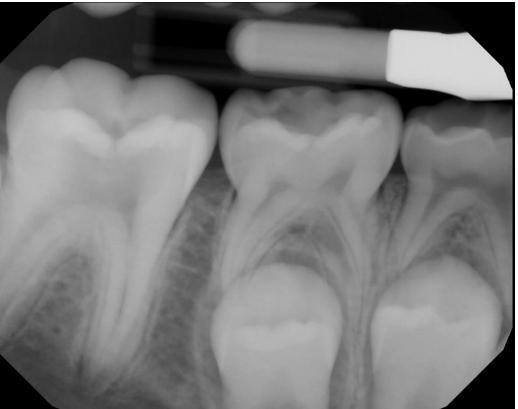








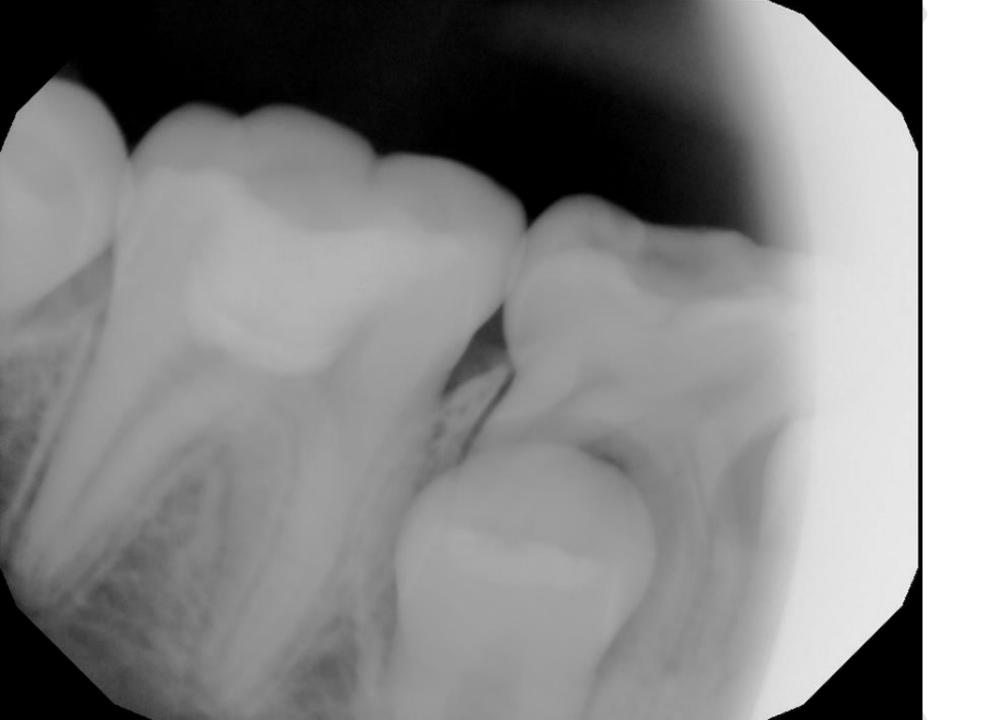










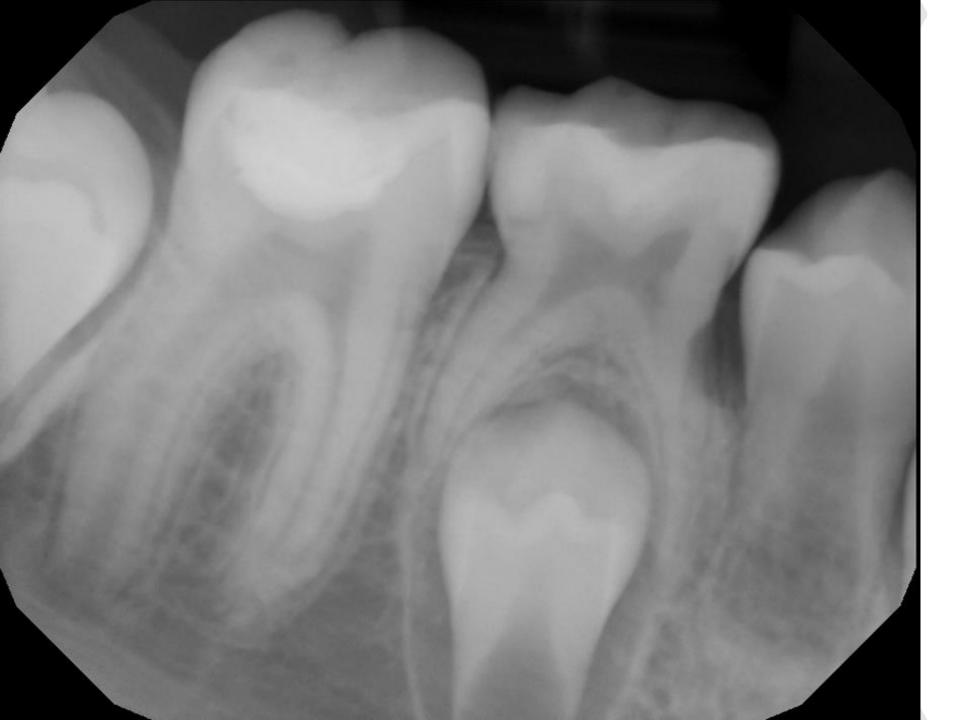








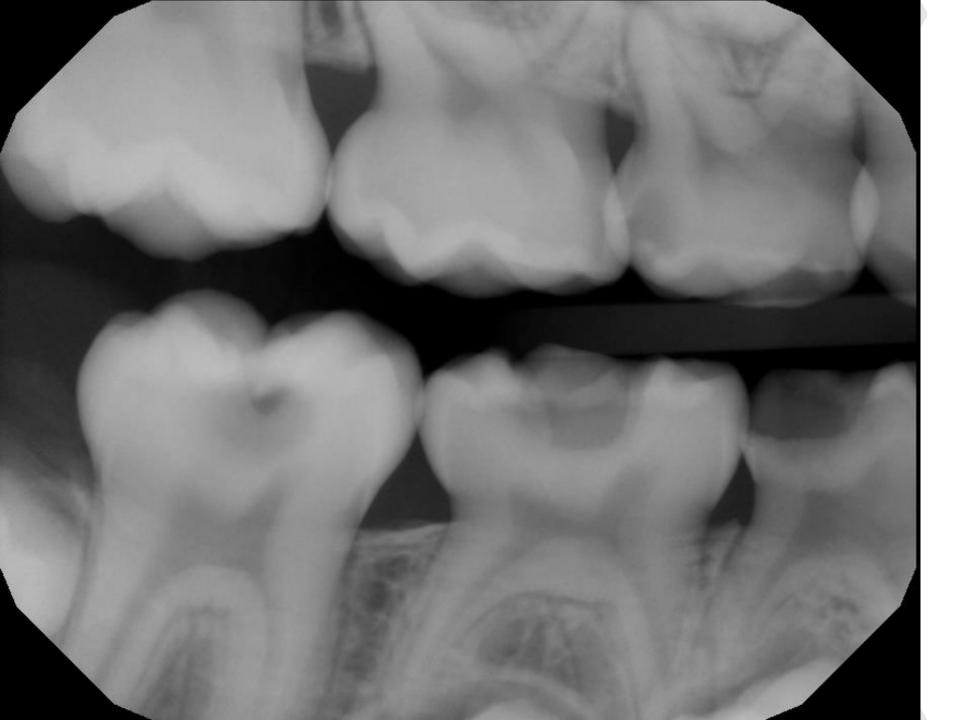








# 6 Month Recall





































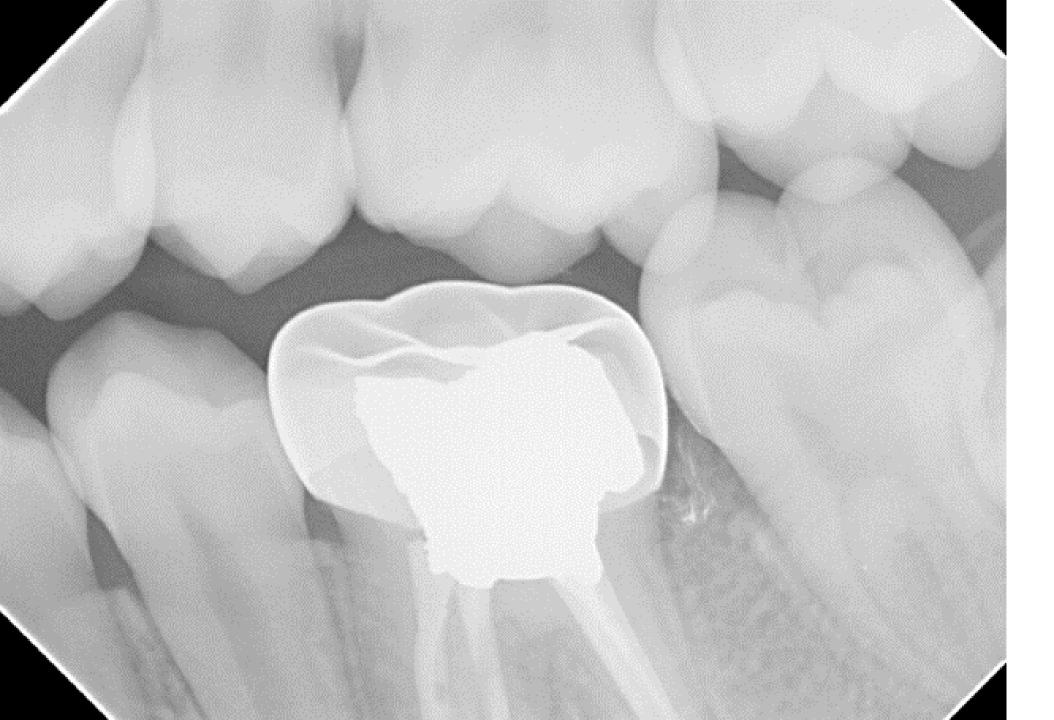
# When things work out... don't











Final

Restoration



#### PARTIAL AND FULL PULPOTOMIES







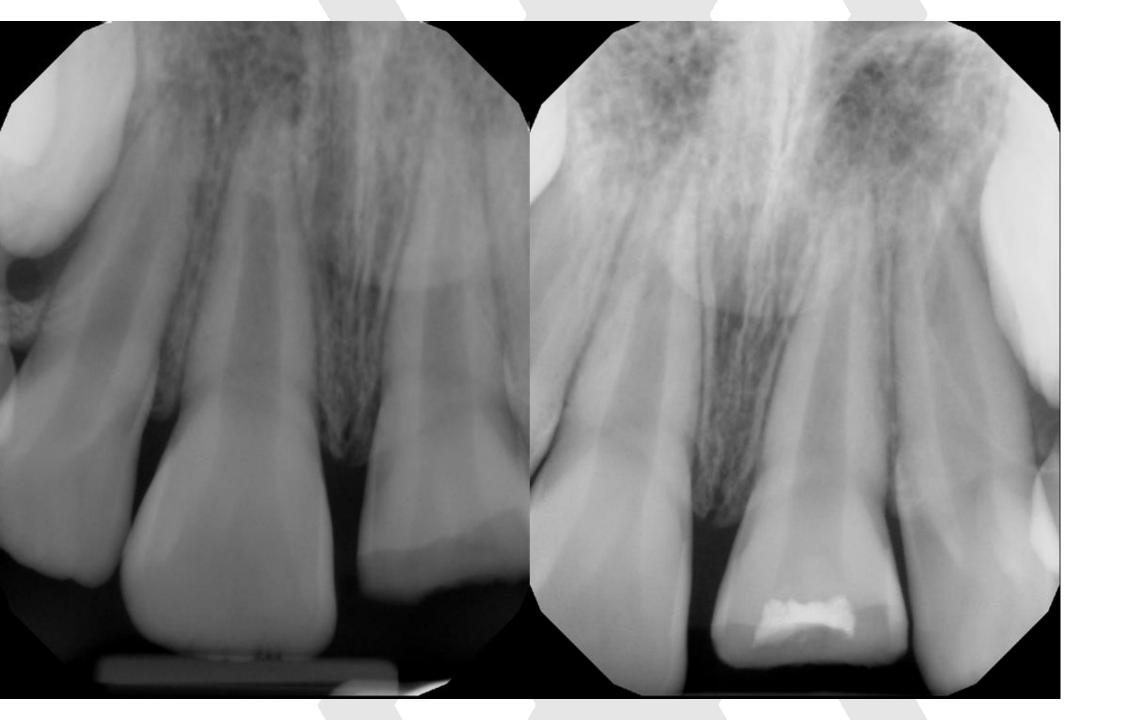




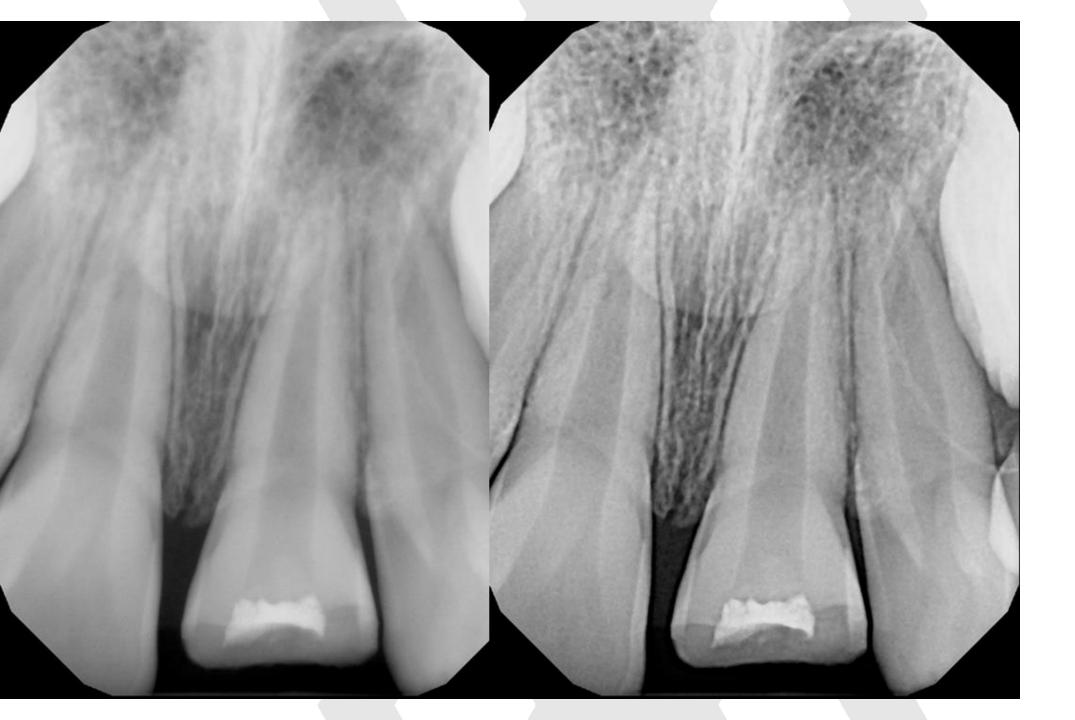








Recall







# CLINICAL TIP

A partial pulpotomy can be performed days after trauma as long as there is healthy radicular pulp.



### **PARTIAL PULPOTOMY**

- Trauma Success
  - 96% Cvek, 1978
    - 14-60 months, average 31 months
  - 81% Caprioglio A et al, 2014
    - 36 month follow up
- Calcium Hydroxide and MTA are equivocal in success



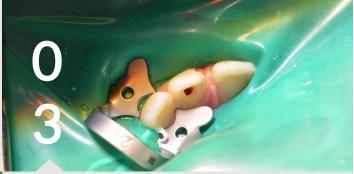
1.Anesthetic

- 2. Rubber Dam Isolation
- 3.Shallow Pulpotomy Diamond Bur
- 4.Disinfection of Pulp/Dentin (NaOCI)
- 5.2 mm Depth, SmartMTA
- 6.Glass Ionomer\*
- 7.Restoration



#### ISOLATE

Rubber dam isolation is indicated to prevent bacterial contamination of the pulp. In some cases of trauma isolation may be difficult.



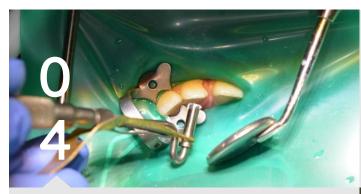
#### DIAGNOSE

SmartMTA can be used for vital pulp therapy after traumatic dental injuries.



#### ACCESS

Perform a shallow pulpotomy with a high speed and diamond bur with copious irrigation. Obtain hemostasis and disinfect with Sodium Hypochlorite



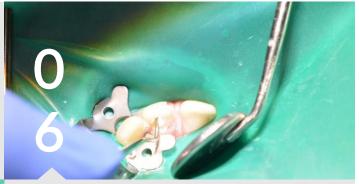
#### MEDICATE

Place SmartMTA into the pulp chamber using an amalgam carrier.

#### ADAPT SMARTMTA

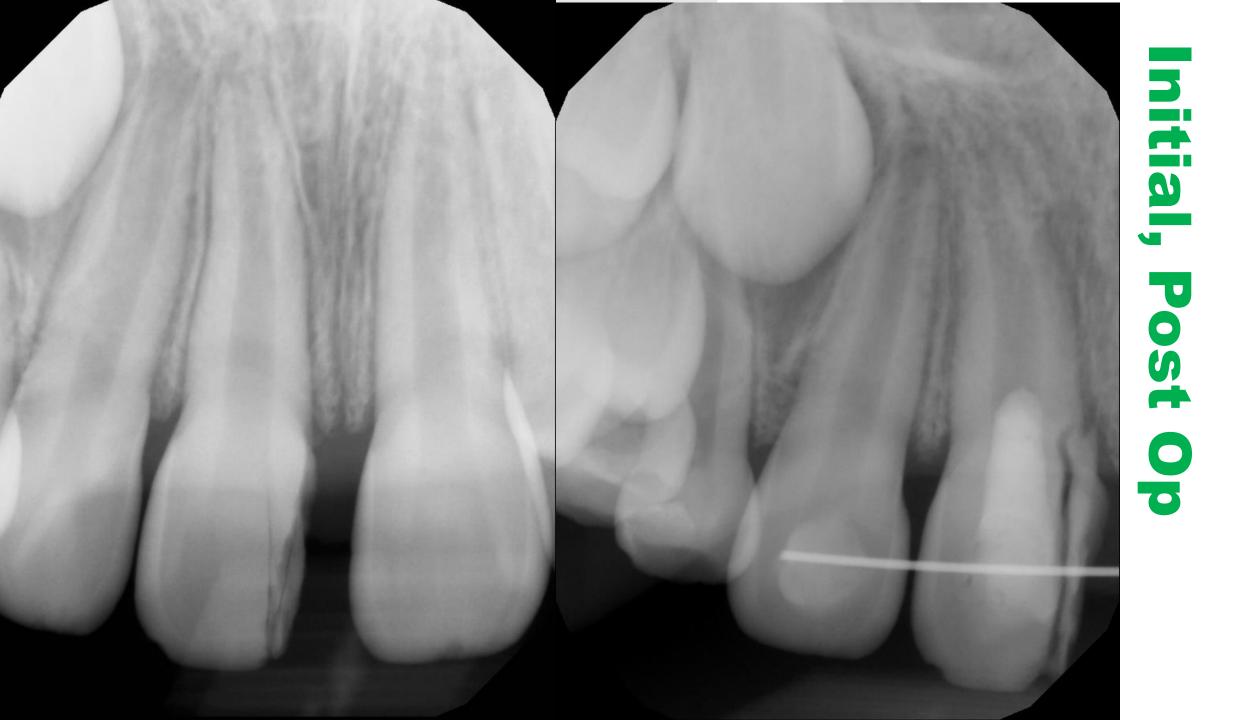
Adapt SmartMTA into the pulp chamber using a damp cotton pellet. Ensure the pellet is not saturated with water.





#### **CLEAN MARGINS. RESTORE**

Clean SmartMTA from the margins and place a restoration. Final restoration should be placed the same day of treatment if behavior allows.













#### **CARIES REMOVAL**

Remove the coronal pulp until healthy tissue is evident



#### ISOLATE

Rubber dam isolation to protect the pulp from bacterial contamination



#### HEMOSTASIS

Obtain hemostasis with 3-6% Sodium Hypochlorite



#### TEMPORIZATION NOT NECESSARY

When placing a composite restoration place a glass ionomer base over the MTA to allow for etching and bonding.



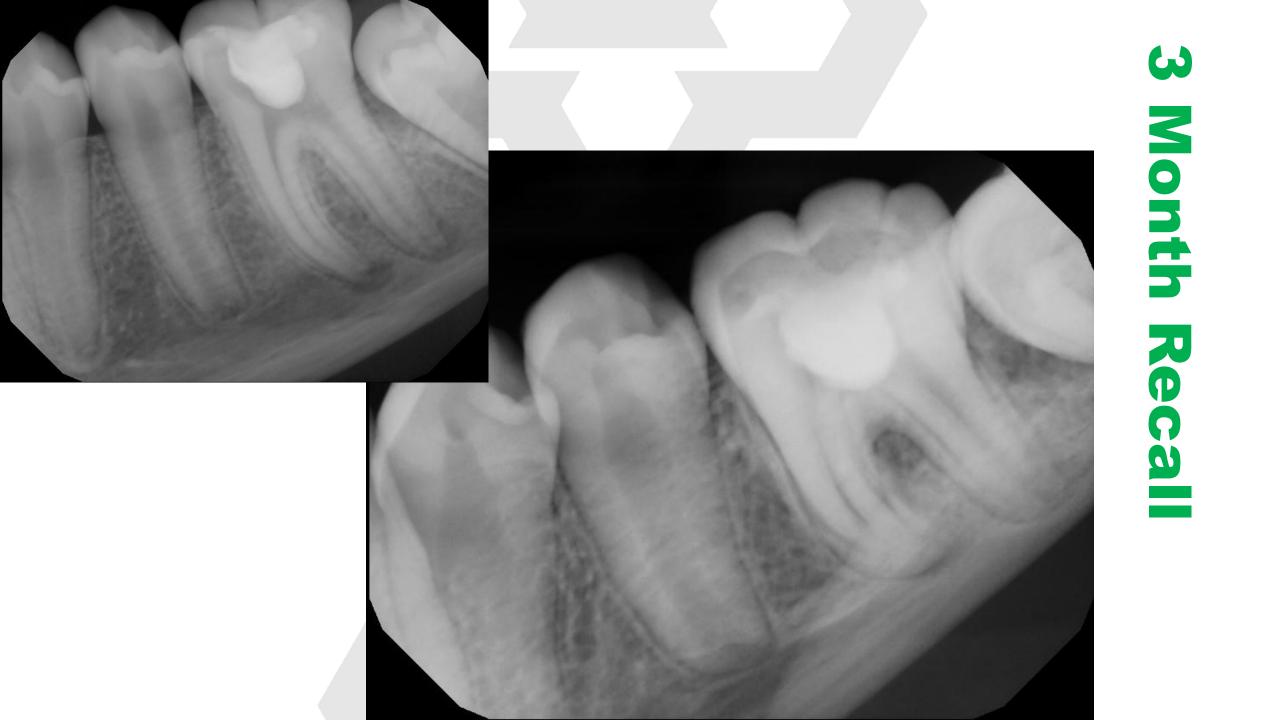
#### MEDICATE

Adapt SmartMTA into the access cavity. A glass ionomer base can be used over the medicament.



#### RESTORE

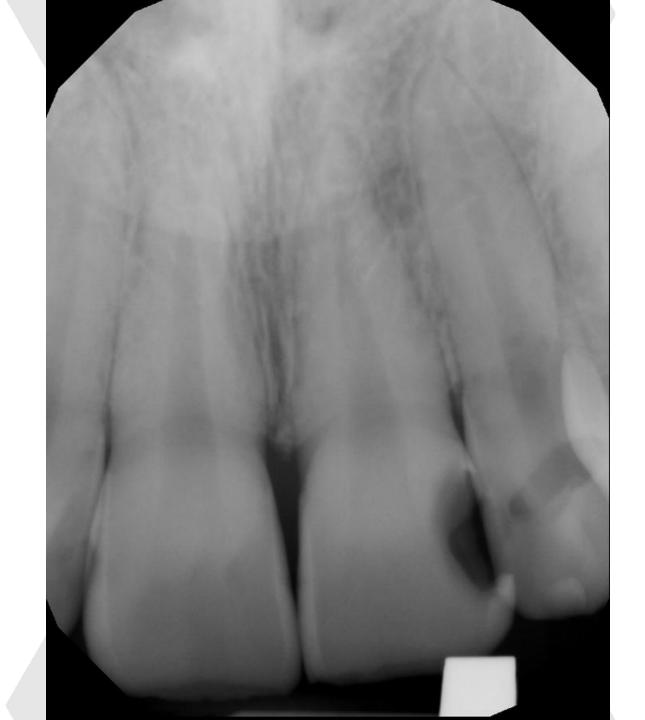
Final restoration should be placed the same day of treatment if behavior allows.







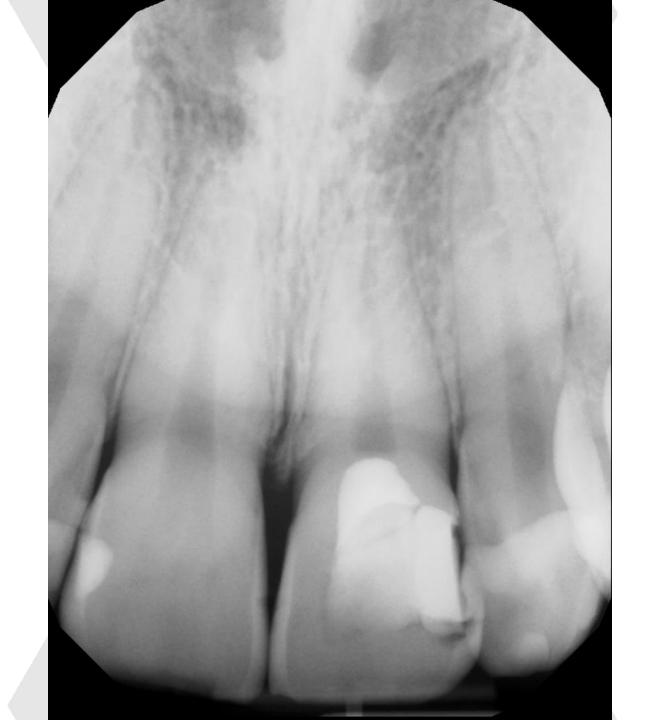


















Re:

Dear Dr.

Thank you for referring

to our office for surgical care

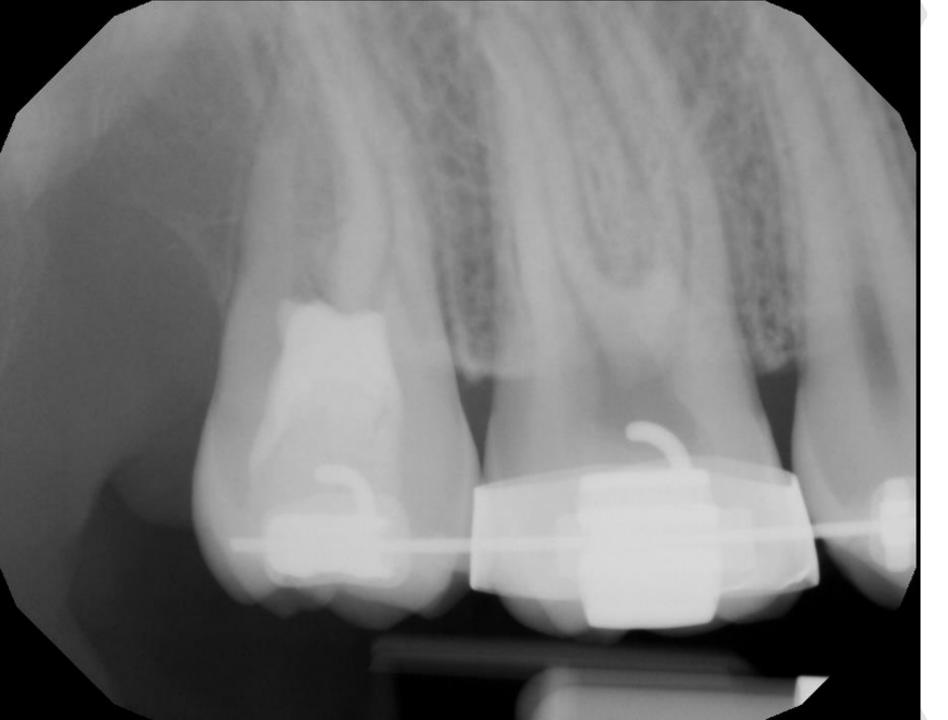
I saw today and removed the following teeth with IV sedation: 1, 16, 17, 32, 11.

did well during the procedure. Unfortunately during extraction of tooth #1, tooth #2 was damaged with loss of what I assume to be the MB root, close to the furcation. This will require additional follow up and likely endodontic treatment. We have appointed him with his general dentist for f/u. I will attach the periapical post op of tooth #2 and I also have a photograph of the root as well.

Dr. thank you again for the kind referral.

Sincerely,

CC. Dr. Jarod Johnson







# 1 Year 6 Month Recall



# **1 Year 6 Month** Recall









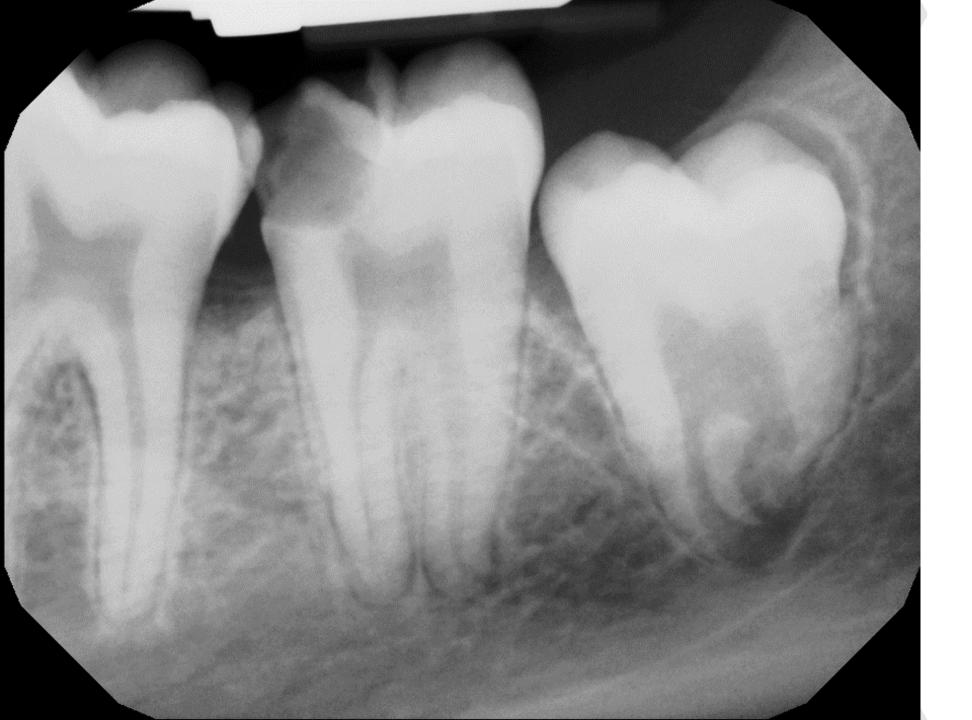




# nitial, Post Op

















# **PULPOTOMY TECHNIQUE**



#### AMPUTATE

Remove the coronal pulp to the level of the CEJ



#### ISOLATE

Rubber dam isolation to protect the pulp from bacterial contamination



#### HEMOSTASIS

Obtain hemostasis with 3-6% Sodium Hypochlorite

# **PULPOTOMY TECHNIQUE**



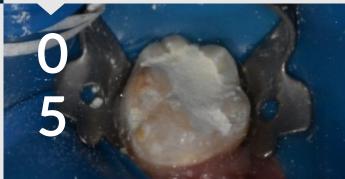
#### TEMPORIZATION NOT NECESSARY

Due to the long setting time of ProRoot MTA this case was temporized with IRM, this step is no longer necessary.



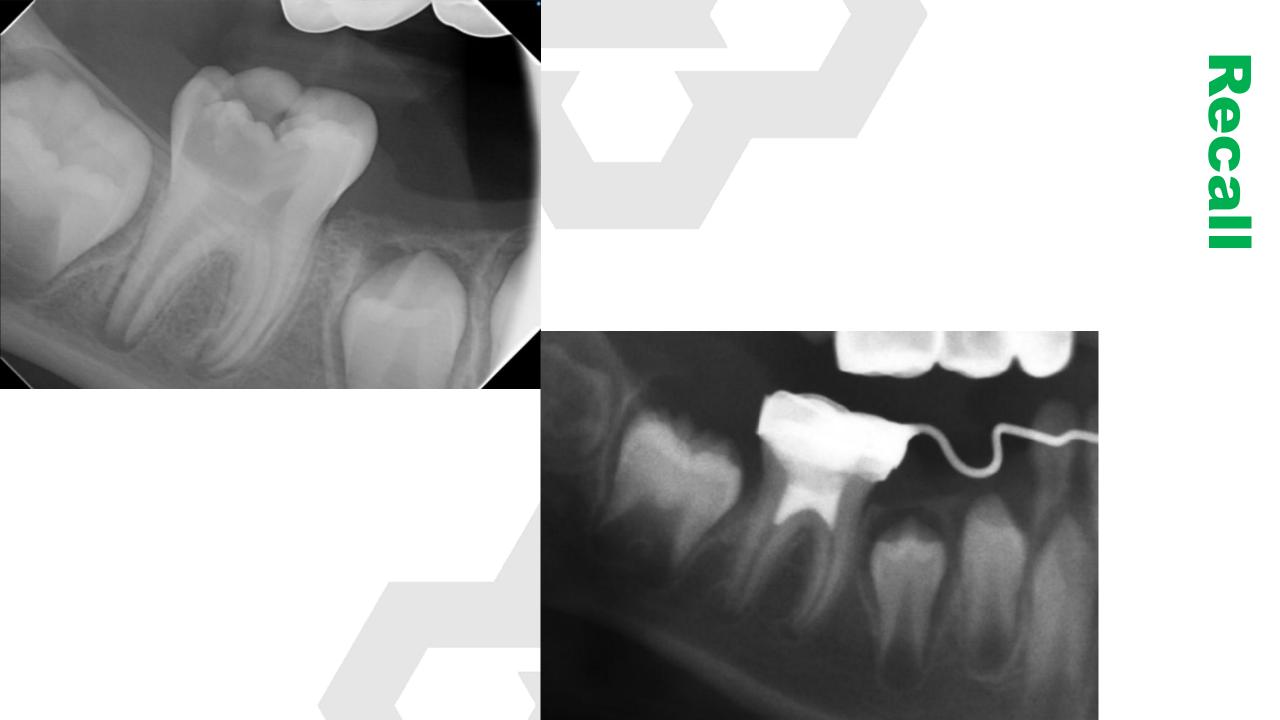
#### MEDICATE

Adapt SmartMTA into the access cavity. A glass ionomer base can be used over the medicament.

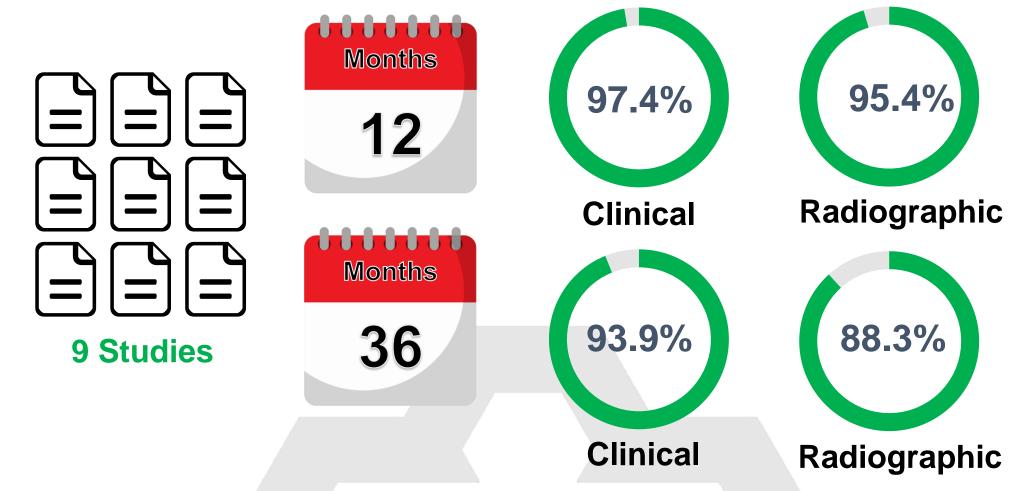


#### RESTORE

Final restoration should be placed the same day of treatment if behavior allows.



J Dent. 2019 Sep;88:103158. **Pulpotomy for mature carious teeth with symptoms of irreversible pulpitis: A systematic review.** Cushley S, Duncan HF, Lappin MJ, Tomson PL, Lundy FT, Cooper P, Clarke M, El Karim I.



Results from the only comparative clinical trial showed pulpotomy to have comparable success to root canal treatment at 12, 24- and 60-month follow-up.



# CLINICAL TIP

Patients with signs and symptoms of irreversible pulpitis can be treated with a pulpotomy if hemostasis can be obtained in 5 minutes.













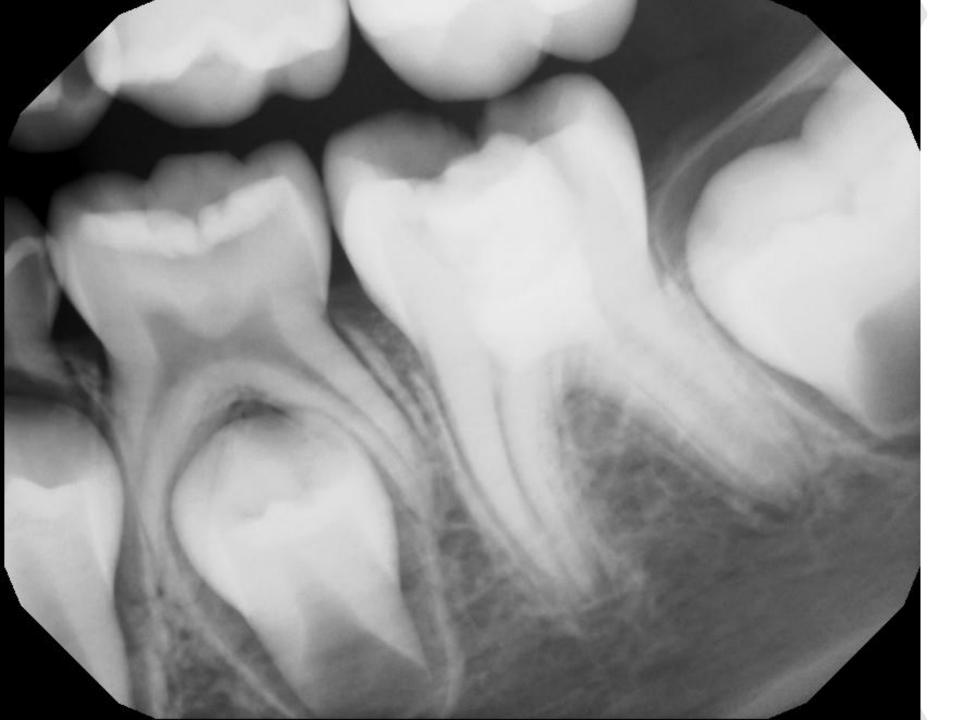




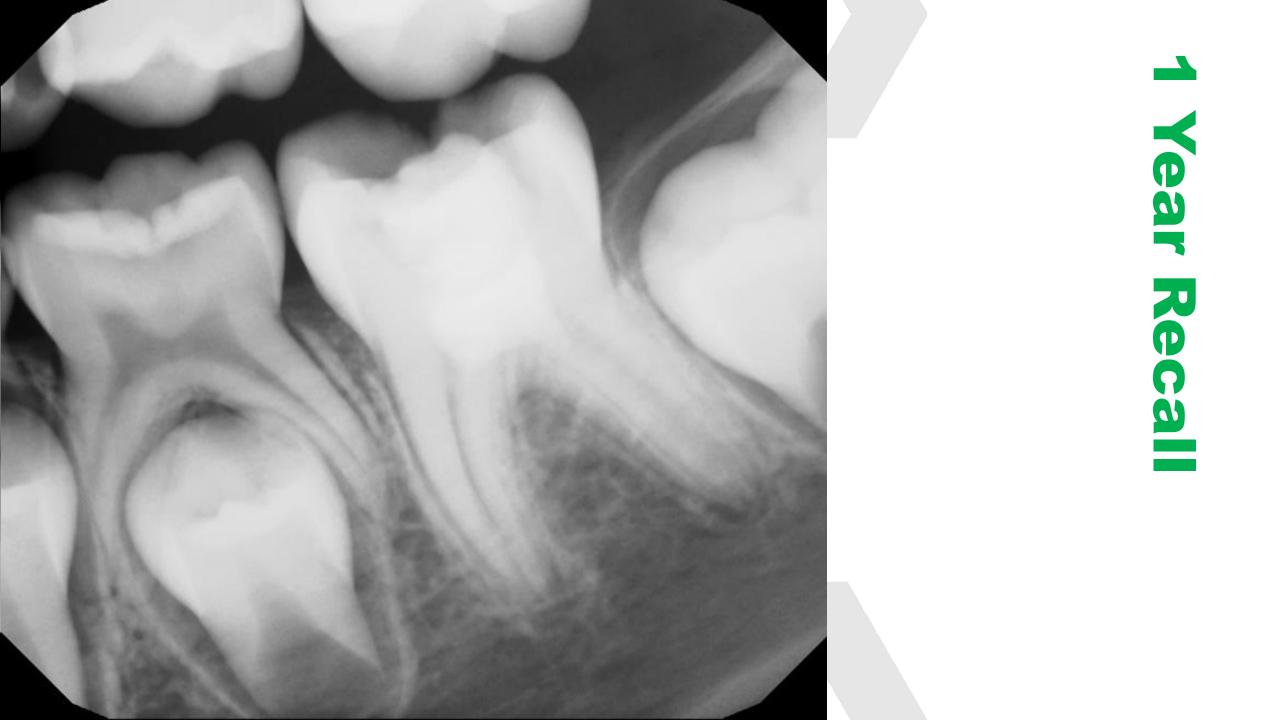
# Medication













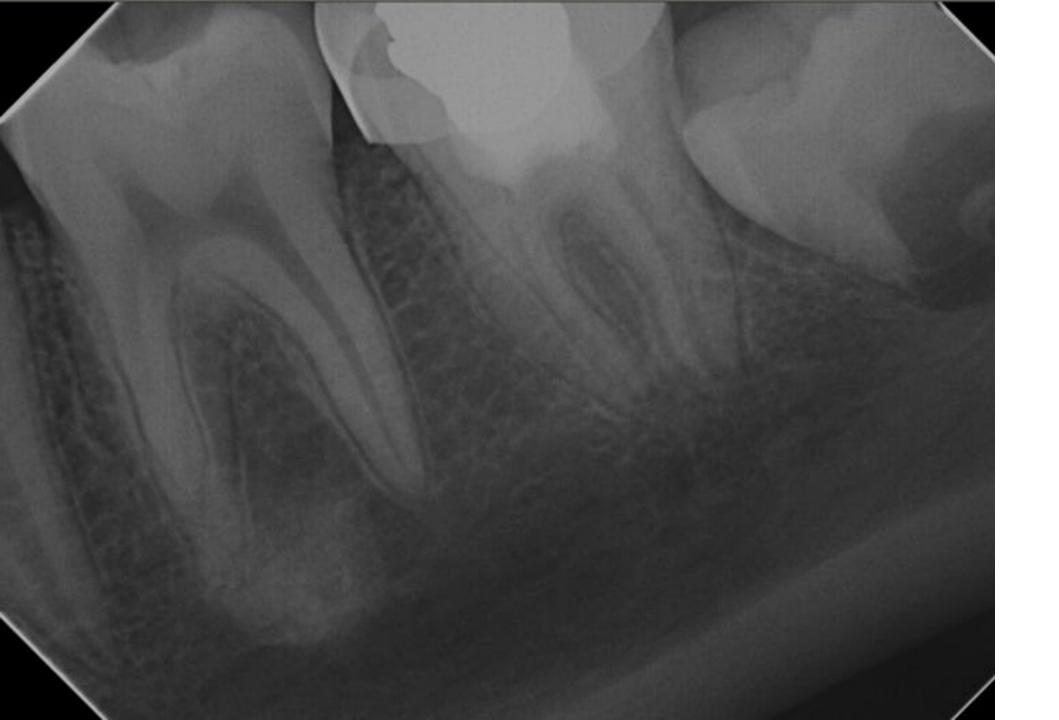












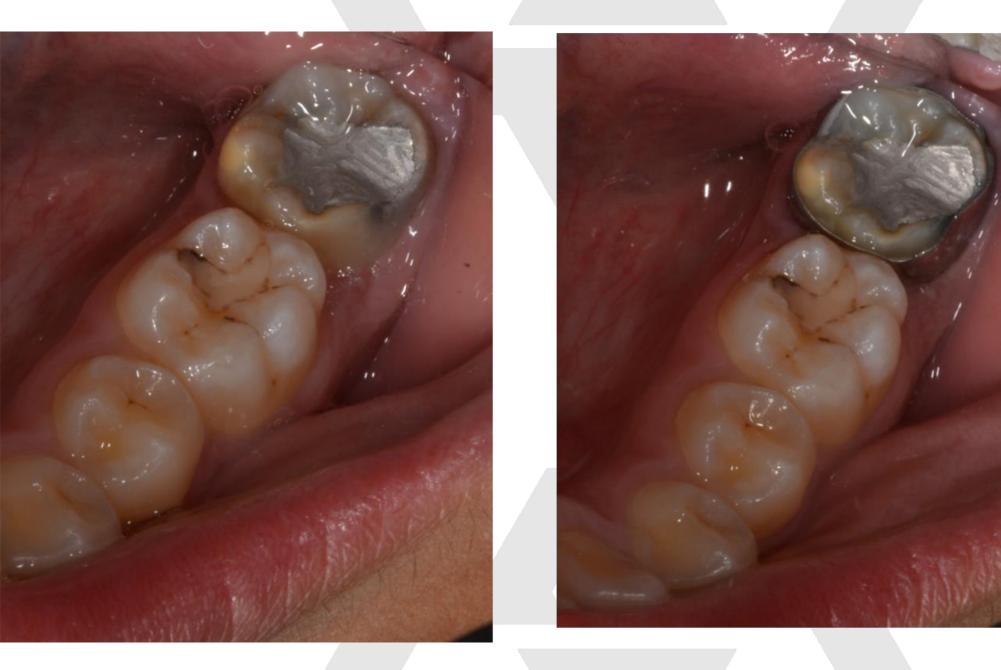




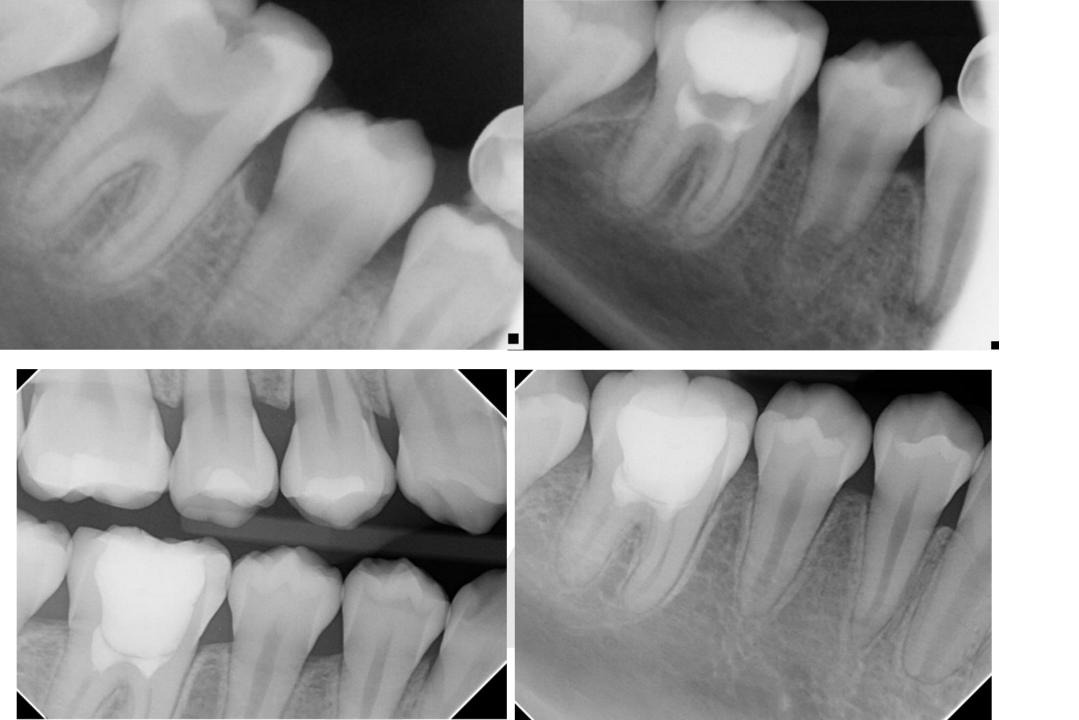


Recal







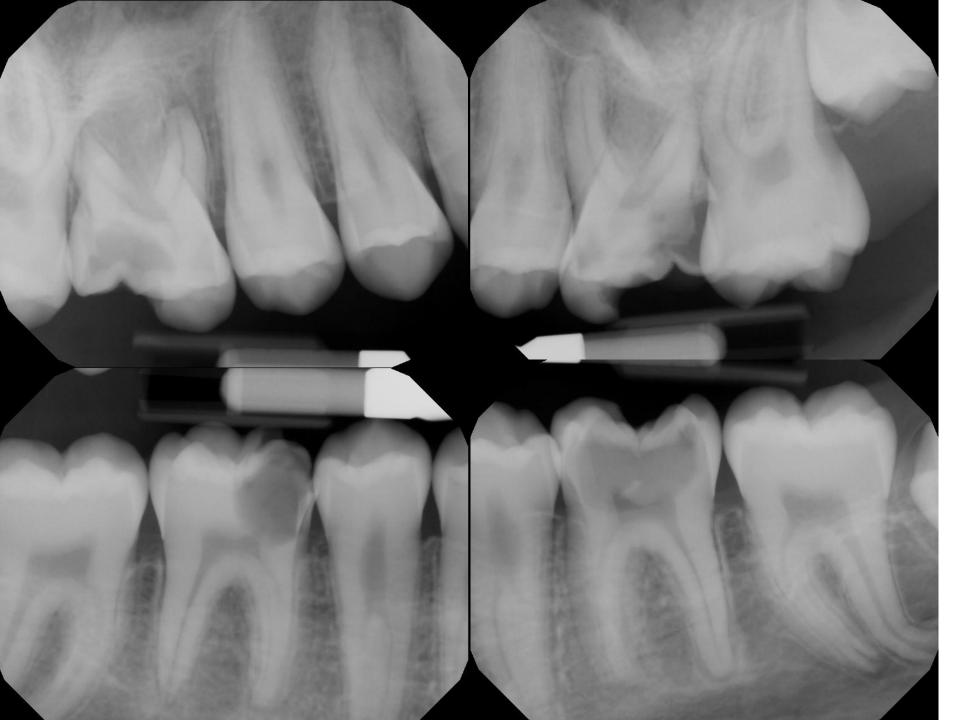


Recall



#### "EXPERIENCE IS WHAT YOU GET WHEN YOU DON'T GET WHAT YOU WANTED." RANDY PAUSCH

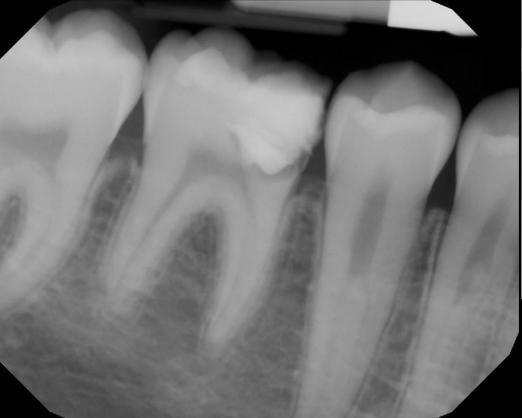






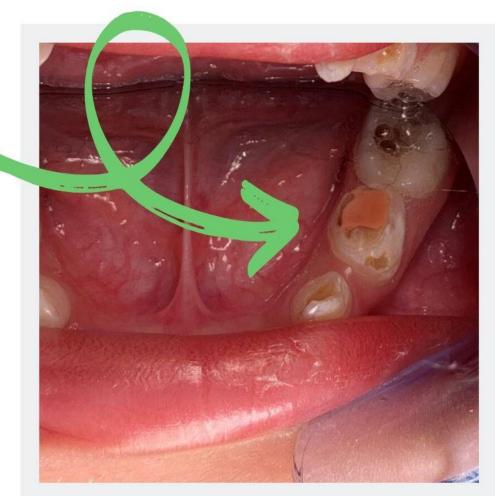






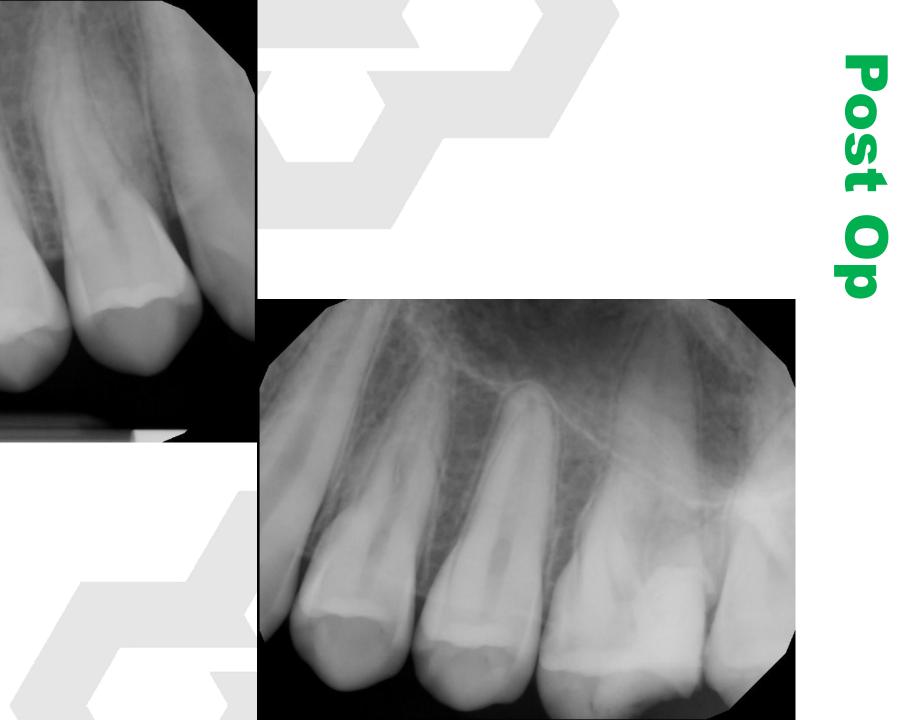


### STILL HAVING DIFFICULTY...



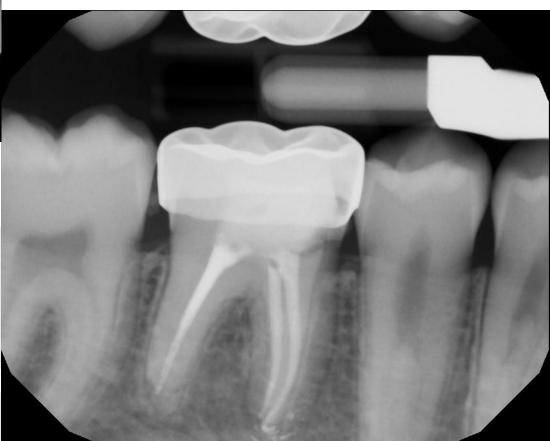




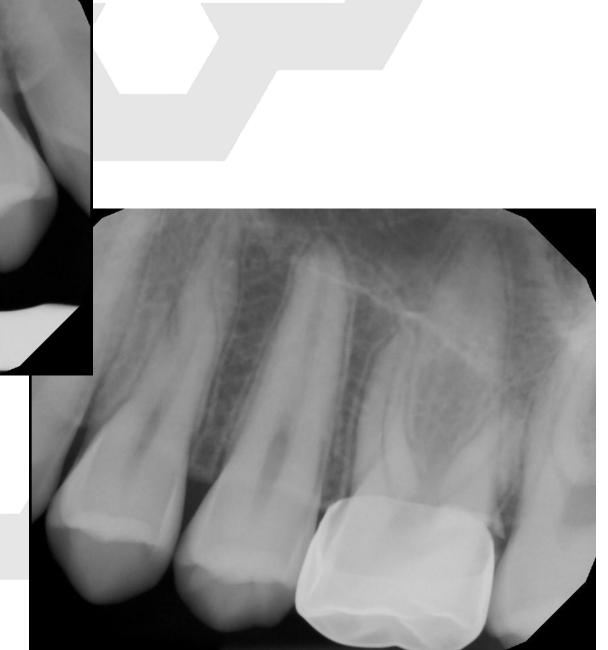




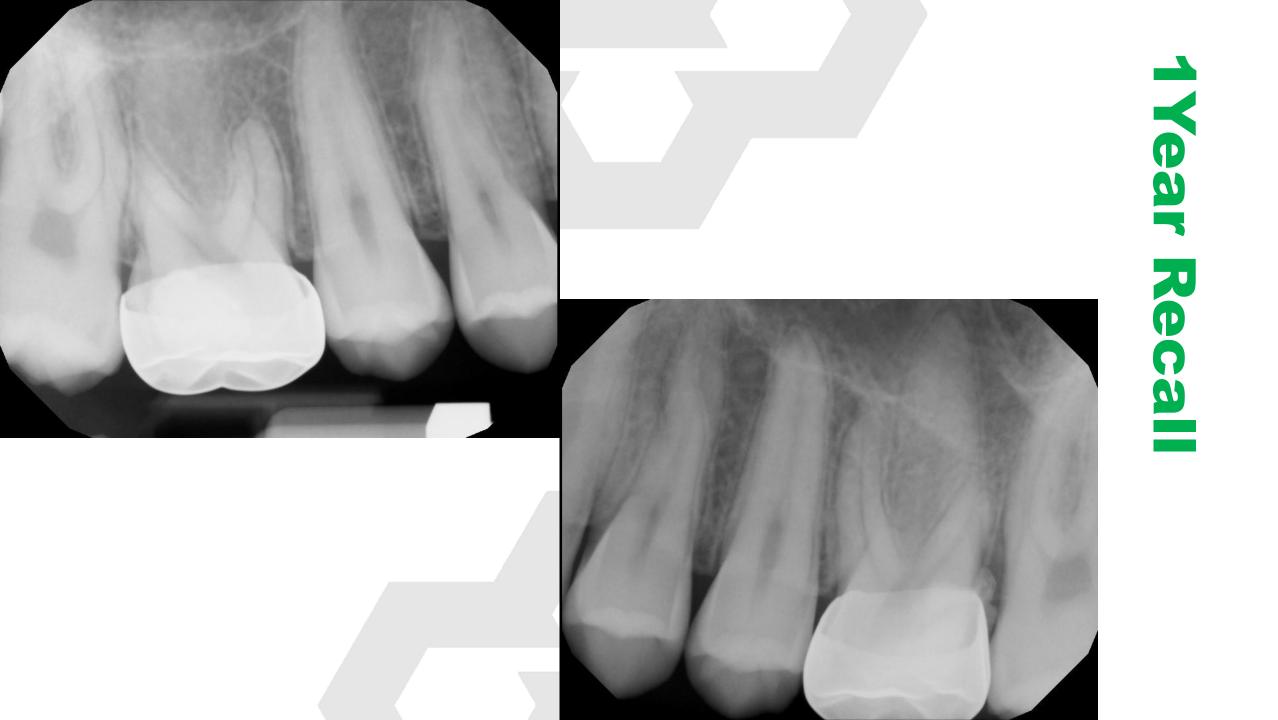




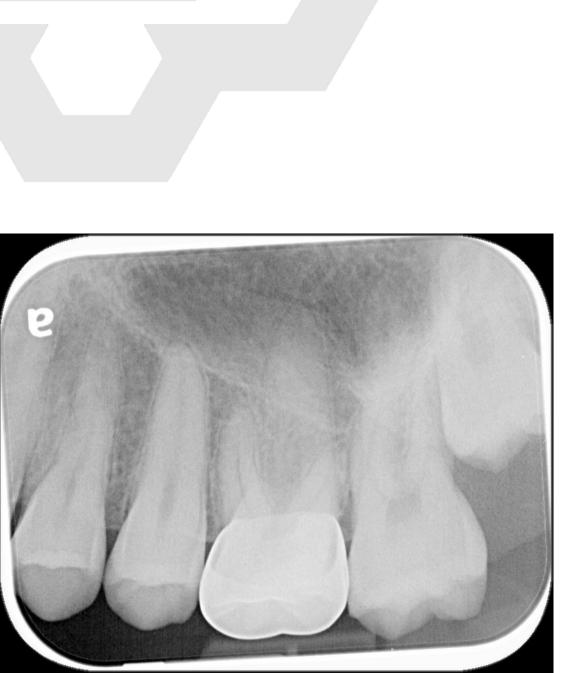




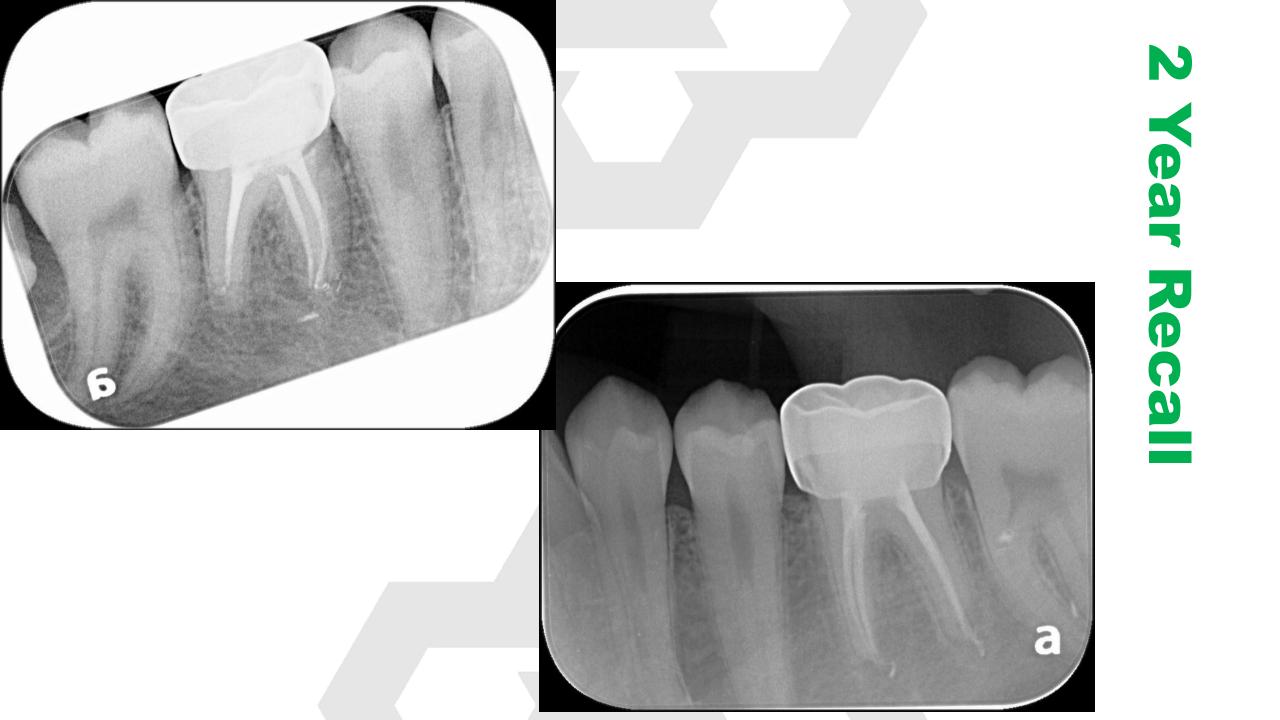








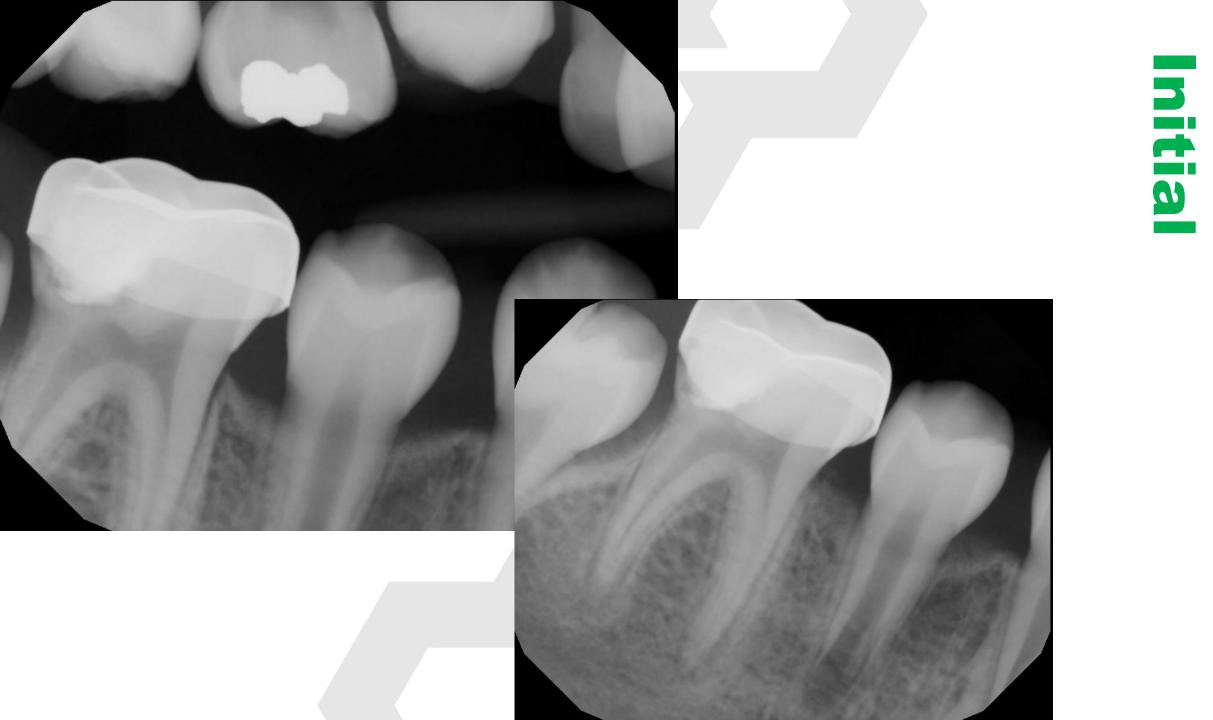
2 Year Recall

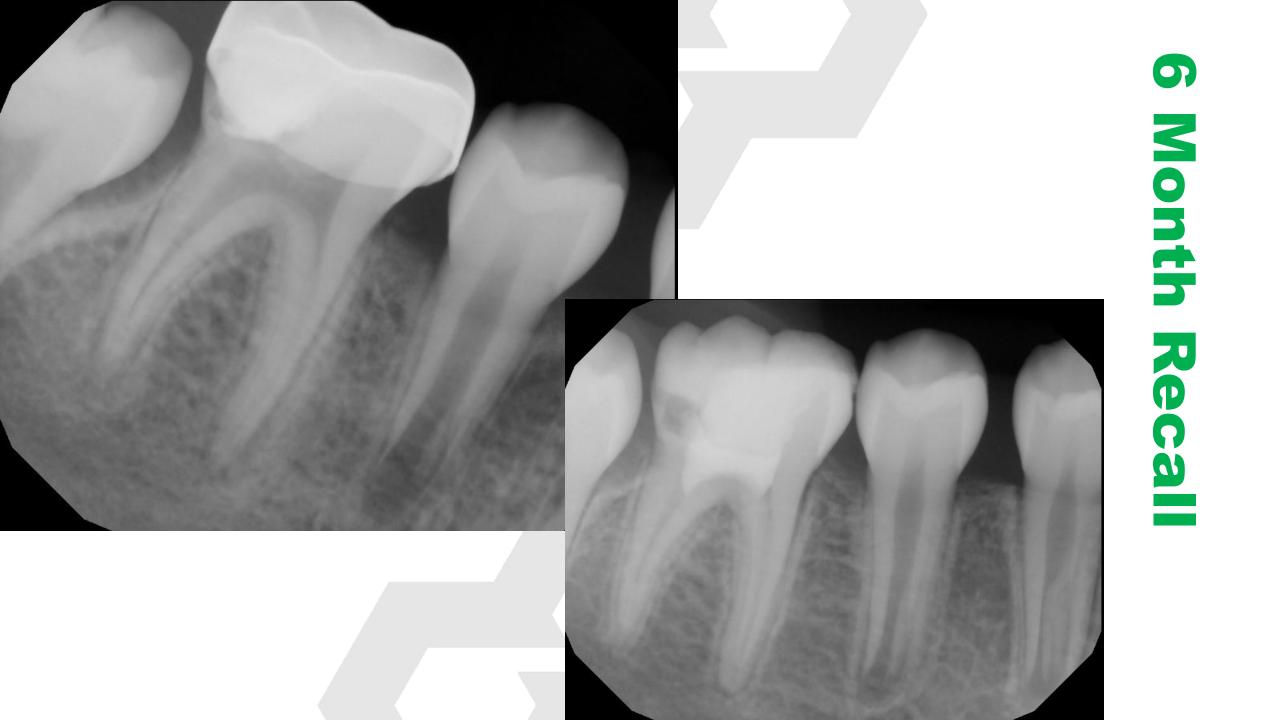


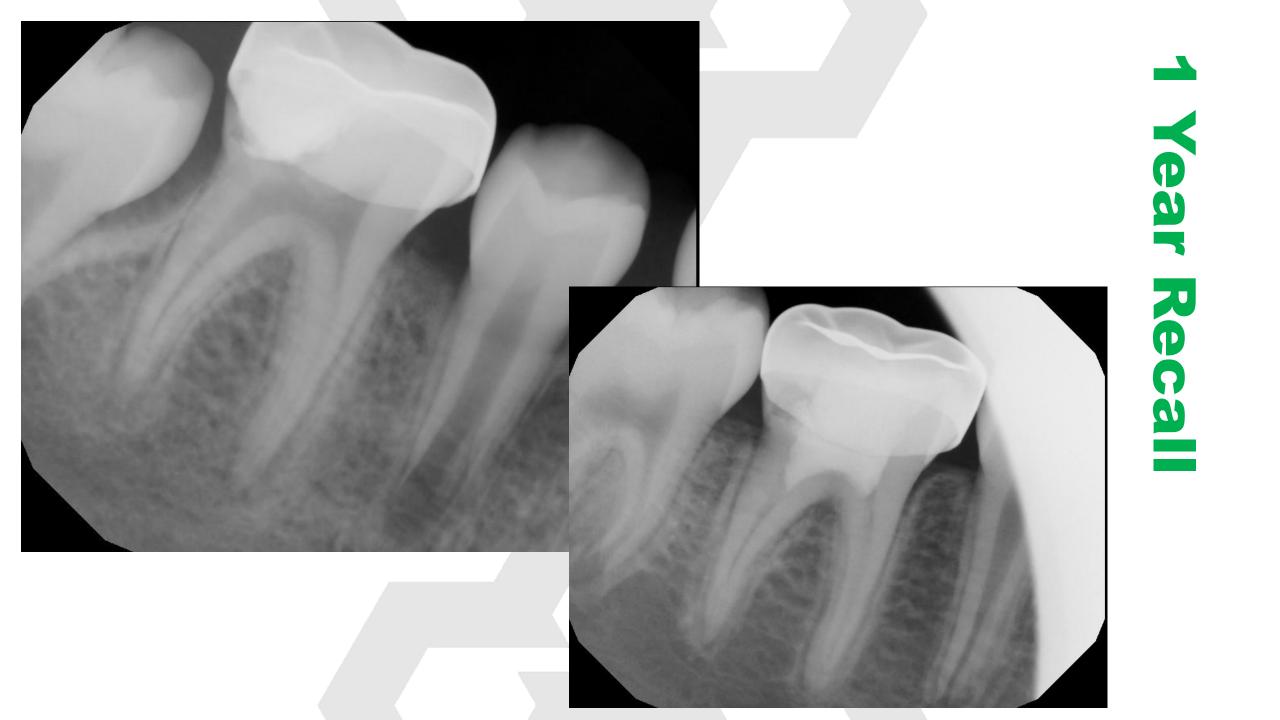




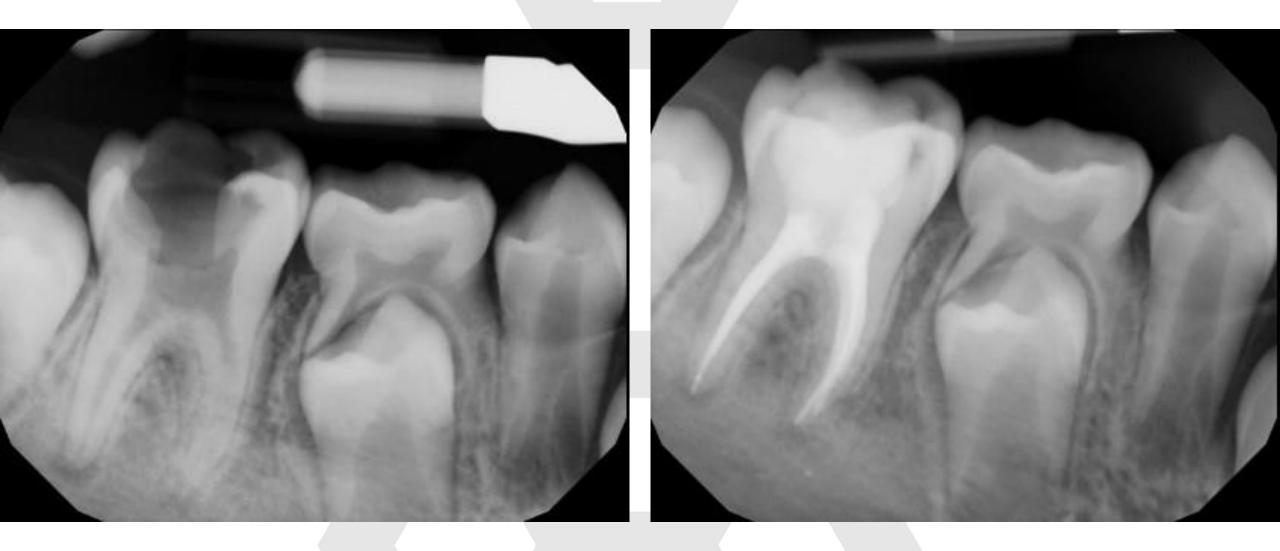


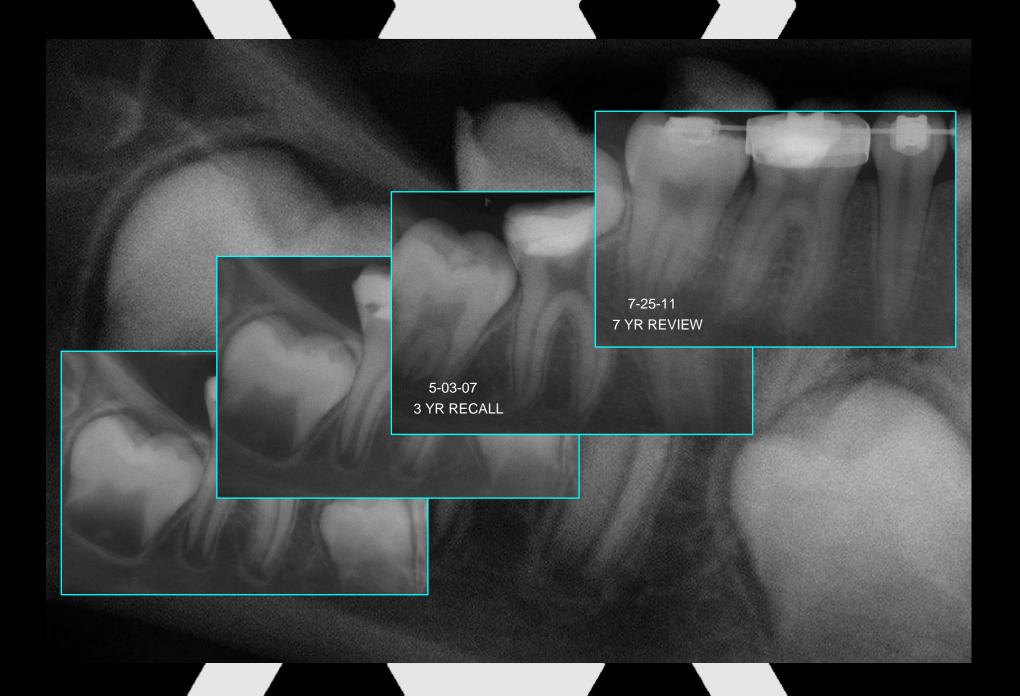




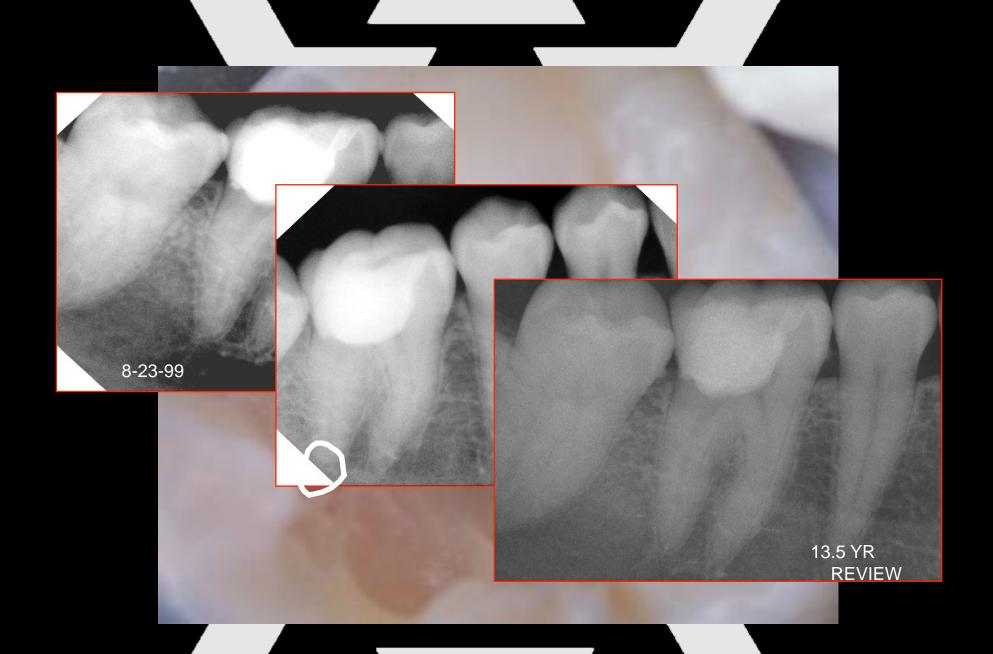


#### DIFFICULTY WITH HEMOSTASIS: CONVENTIONAL NSRCT











## **A Story**







# Text arctic to 31996

dr.jarod@arcticdental.com

# THANK YOU.

#### arcticdental

SZZZ

Jarod W. Johnson, D.D.S. 2023 Cedar Plaza Dr. • Muscatine, IA 52761 Main: 563.607.5979 • Fax: 563.316.2385 www.arcticdental.com dr.jarod@arcticdental.com